

Nutrition Services

Staff Food Prices

Effective 2019-20 School Year

Entrée Meal- \$3.65

One choice from at least two main entrées, up to 2 servings of vegetables (including salad bar), up to 2 servings of fruit and your choice of white or chocolate milk.

Deli Bar Meal- \$3.65

Offered at the High School Only- In addition to our main entrée we offer a Deli Bar every daily! You may choose a 5 inch sub, flatbread, or wrap made with your choice of meats and cheeses, toasted or not, then loaded with your choice of veggies. With this choice, you also get up to 2 servings of vegetables (including salad bar), up to 2 servings of fruit and your choice of white or chocolate milk.

Offered at the Middle School Only- In addition to our main entrees, we offer a Deli Bar daily! You may choose a 5 inch sub, flatbread, or wrap made with your choice of meats and cheeses, then loaded with your choice of veggies. With this choice, you also get up to 2 servings of vegetables (including salad bar), up to 2 servings of fruit and your choice of white or chocolate milk.

Rice Bowl Meal- \$3.65

Offered at the High School & Middle School Only

In addition to our main entrees, we offer a Rice Bowl daily! You start with brown rice, topped with chicken and Asian blend vegetables, you may customize your rice bowl with our variety of sauces! With this choice, you can choose up to 2 servings of vegetables (including salad bar), up to 2 servings of fruit and your choice of white or chocolate milk.

Large Salad - \$3.50 *With Milk - \$3.65

A large paper boat filled with your favorite wholesome, fresh, tasty vegetables from our salad bar with choice of dressing

Small Salad - \$2.50

A small paper boat filled with your favorite wholesome, fresh, tasty vegetables from our salad bar with choice of dressing

Two Vegetables or Two Fruits - \$1.25

Your choice of two servings (2 cups) of hot & cold veggies OR fresh/canned fruit

Two Vegetable and Two Fruit Combo - \$2.25

Your choice of two servings (2 cups) of hot & cold veggies and two servings (2 cups) fresh & canned fruit

One Fruit or Vegetable - \$0.75

One serving of your favorite fruit or vegetable

In addition, there are many Ala Carte selections available at our Middle and High School