

**SCHOOL DISTRICT OF HOLMEN  
SCHOOL BOARD COMMITTEE MEETING NOTES  
WELLNESS COMMITTEE  
Monday, January 22, 2024 3:30 p.m.  
Frederic D. Frick Administrative Center  
Boardroom  
1019 McHugh Road  
Holmen, Wisconsin 54636**

**01. CALL TO ORDER**

**02. PLEDGE OF ALLEGIANCE**

**03. ROLL CALL & NOTICE OF QUORUM**

Committee members present were Maggie Smith, Jared Bagniewski, Kari DeLong, Kim Edwards, Rachel Fawver, Amanda Jensen, Mike Gasper, Erica Haight, Melissa Kaatz, Krystal Lee, and Dr. Kristin Mueller. Absent were Kelly Sheehan and Laura Mausolf. Stacy Lockington attended as notetaker.

**04. APPROVAL OF AGENDA**

The agenda was approved by consensus.

**05. PUBLIC PARTICIPATION**

No one addressed the committee.

**06. POLICY REVIEW**

6.1 po 8510 Wellness

The committee began review of po 8510 Wellness. The following were key changes recommended by consensus of the committee.

- In the first line of the policy, “and regulation” was added to be more encompassing of requirements impacting the policy.
- Mike Gasper provided the Wisconsin DPI’s checklist for a local wellness policy, which included recommended headers. The committee will discuss matching the recommended headers with the policy at the next Wellness Committee meeting.
- The committee noted the goals listed in the “Policy Preamble” were general and not measurable, though specifics were listed later in the policy. The committee changed “goals” to “guidelines” to more accurately reflect the bulleted items. Minor revisions were also suggested for three of the bulleted guidelines.
- Throughout the policy, “stakeholders” will be changed to “partners.”
- For committee representatives, the committee added staff regularly supervising meals and/or recess to the partners.
- Extensive revisions were recommended to the sections regarding school meal programs and school meal program participation, including combining the sections and removing redundancies. Other changes were made to more accurately reflect practices in the School District of Holmen and requirements. In addition, multiple points from the section regarding additional strategies were moved to the new “School Meal Programs” section.
- The committee recommended adding a link to the DPI’s information on Smart Snacks to the section regarding food sold outside of school meals.

Other items of note include the following.

- There was a great deal of discussion regarding whether the policy should include a statement that the schedule provides or students are provided at least 10 minutes to eat breakfast and 20 minutes to eat lunch after being seated. Dr. Mueller will bring more information back to the committee on whether this statement should be included in the policy as is, modified, or omitted.

- The committee also discussed vending machines that are operational during the school day at the high school. It was not clear who oversees whether the machines comply with the Wellness Policy. The machines should either be turned off during the school day or the snacks offered should be changed to Smart Snacks to comply with the policy. Mike Gasper confirmed there are no restrictions related to caffeine at the high school level.
- There was a great deal of discussion regarding the “Foods Offered/Provided but Not Sold” section. There was no consensus for recommended revisions as the committee determined it will resume discussion of the policy at this section at its next meeting. This topic involved nutrition, equity, and food safety.

## **07. CLARIFY/REVIEW ACTIONS & DISCUSSION**

7.1 Next Meeting Date: March 20, 2024

## **08. ADJOURNMENT**

The Wellness Committee meeting adjourned at 4:56 pm.