Holmen Public Preschool

4K & Early Childhood Special Ed Services
500 East Wall St.

Holmen, WI 546

Ms. Sue Eitland, Principal eitsue@holmen.k12.wi.us 608.526.3316, ext. 4133



October 3rd: Picture Retake Day

October 9th – 13th: Fire Prevention Week

October 11th: District Early Release Day

No school for EC/4K Students

Join our staff at the Upper Mississippi River National Wildlife & Fish Refuge N5727 County Rd Z, Onalaska, WI (Brice Prairie) 10:00 – 11:00 a.m.

Family/Teacher Conferences

October 12th:

Bridging Brighter Smiles at Viking

October 13th:

No School

October 16th - 20th:

National School Bus Safety Week

October 17th:

Family/Teacher Conferences 2:30 p.m. – 7:00 p.m.

October 19th:

Family/Teacher Conferences 2:30 p.m. – 7:00 p.m.

October 23rd - 27th:

Scholastic Book Fair in LMC

October 31st: Wear Black & Orange



From the principal's desk...

Dear Families,

It's hard to believe we've already been in school for one month. You should know that we are off to a good start! We are very proud of how much the children have learned about routines, expectations, and more!

A key ingredient to a successful education is the communication and collaboration that takes place between home and school. Undoubtedly, you and your child's teachers have sent notes back and forth to one another whether it was through your student's daily folder, the weekly communication log, via email, by telephone/text messages or in some cases, through Facebook. If you use Facebook and have not already done so, please "LIKE" our Holmen Public Preschool Facebook page. There you will receive various announcements/information and will periodically see photos of the children engaging in activities while at school.

Also, if you are interested in helping out as a volunteer during the 2023-24 school year, please make sure to complete the Volunteer Registration Form found by clicking on the following link.

https://www.holmen.k12.wi.us/community/volunteers.cfm

The staff is looking forward to meeting with you during the Fall Family/Teacher Conferences on October 11th, 17th and 19th. In order to prepare for your child's conference, I would encourage you to speak with your child about his/her favorite things about school or about anything they are wondering. You may also want to reflect on what growth you have noticed in your child since beginning school, as well as areas in which you would still like to see more learning. The teachers will talk to you about social/emotional development as this is a primary focus in Early Childhood and 4K. Know that we welcome your questions and will take suggestions into consideration, so feel free to share input with us!

If you have questions pertaining to the Public Preschool Program, or if the staff can be of assistance regarding any matter that impacts your child's educational experiences, please feel free to contact us.

We look forward to working with you and your child throughout the remainder of the 2023-24 school year!

Sue Eitland

Principal ~ Holmen Public Preschool Program
eitsue@holmen.k12.wi.us or 608.526.3316, ext. 4133

"Meet the Staff"



Hello! My name is Kylie Harrison. This is my third year teaching in the Holmen Public Preschool and my 7th year teaching overall. Previously, I taught 4K with the Head Start program in Arcadia, WI. I received my Early Childhood-Middle Childhood education degree from the University of Wisconsin-La Crosse. I grew up in La Crosse, WI and my husband and I currently live in Trempealeau. We have a 20 month old son named Ledger. At home we also have a lab mix dog named Katy and a tuxedo cat named Sox. In my spare time, I enjoy spending time with my family. We enjoy hiking, kayaking, cooking, going for boat rides, and playing games together. I am enjoying getting to know my friends in my school family. We are going to have a great year playing, learning, and growing together.

Hi! My name is Ms. Amy and this is my 5th year as a 4K Educational Assistant. I am married and have one child. My husband, Charlie and I met at Winona State and have been married for 18 years. My son, Casey is 16 years old. He is a junior at Holmen High School. I enjoy hanging out with family, traveling and watching Casey play tennis. I have really enjoyed the first few weeks getting to know all of the students and I am excited to spend the year with them helping them learn and grow!





Hello Families! My name is Sara Roemen, and I am the Reading Together Facilitator working with our 4K students this year. The students know me best as Ms. Sara. This is my second year working in our Reading Together program. I grew up in La Crosse, WI, but met my husband while living in Oklahoma City. About 13 years ago, we moved back to the area to be closer to family. We have 2 girls and 1 boy, all who attend Holmen Schools. Each of our children went through the Holmen Public Preschool Program and had memorable experiences. As a family, we stay very busy year round with sports and outdoor activities. We also have a Shih-tzu puppy named Bear, who keeps us even more busy! I am excited to work with the students this school year, and help them grow

to love reading and give them the confidence to continue to read in the future.

Please feel free to contact me anytime with questions or concerns about our reading program.

Sara Roemen roesar@holmen.k12.wi.us or 608.526.3316, ext. 4109



I'm Ms. Liz, one of the Speech Therapists in the Holmen Public Preschool Program. I have been practicing speech therapy for 22 years and am beginning my 10th year in the School District of Holmen. I have a husband, two children ages 18 and 15, a five year old labradoodle named Solar, and a 1 year old cat named Snickers. I enjoy spending time with my family and friends, watching movies, going out to dinner, and watching my boys play football, basketball, and baseball. I also love to travel, read, take Solar for walks, and watch baseball and football on T.V. Go Brewers and Packers!

"Meet the Staff"

Hi! My name is Caitlin Mosel (Ms. Caitlin). I'm a Speech Language Pathologist in the Holmen Public Preschool Program. This is my 12th year providing speech and language therapy in the schools. I previously worked in the School District of La Crosse for 11 years, and this is my first year in the School District of Holmen. I am dedicated to helping young students build their confidence as communicators. I live in Holmen with my husband, two sons, and two dogs. Our family enjoys hiking, fishing, baking, reading and spending lots of time outside.





My name is Jennifer Lulloff and I teach 4K for the Holmen Public Preschool at Viking Elementary. I was born and raised in La Crosse, and am the oldest of four girls. After graduating from Logan High School, I attended Winona State University where I received a Bachelor of Science Degree in Elementary and Early Childhood Education. I graduated from Winona State in 2005 and later received my Master Degree from UWL. I began teaching 4K in Holmen in 2010. Prior to joining this 4K team, I taught Kindergarten as well as a K-6th grade healthy lifestyles class in Fountain City, Wisconsin. Working with young children and advocating for their success is my passion. Supporting students as they grow their own passions is what makes this an

amazing job! I currently live in Holmen with my husband, two daughters, and black lab. Our family loves to be outside together. We enjoy fishing, hunting, going to the park, going for bike rides, campfires, and visiting my cousin's ice cream shop in West Salem.

Hi, my name is Leslie Marconi. I have been working in the Holmen School District since the 2020-2021 school year with Mrs. Lulloff, as her EA. I live outside of Holmen with my husband, our 2 kids and our Golden Retriever. I graduated from Holmen in 2002. I love living in such a great community, spending time with my husband and children, traveling, camping, being outside at our house, and learning new things. I am very excited to get to know the children, and watch them grow over the next year. I can't wait to see what this school year brings.



School Day Schedule



The student day for Early Childhood and 4K classes at Viking Elementary is 8:15 a.m. - 11:00 a.m. for the AM session and 11:45 a.m. to 2:30 p.m. for the PM session. Please note that students should not arrive at school more than five minutes prior to the start of class and if being picked up, should be picked up no later than five minutes after the session ends.



News from Reading Together



What a great first month of school! The students are adjusting well to 4K and are really starting to adapt to their daily routines. It has been a joy visiting each of the classrooms and interacting with the children.

In September, I had the opportunity to read with each student in 4K and assess their concepts of print. I asked questions about the parts of a book (front cover, back cover, title) and about the written story (letters, words, tracking from left to right) and making predictions about what may happen in the story. These are all excellent points you can talk about when reading with your child at home. Understanding concepts of print along with learning letters and letter sounds are the beginning steps for reading. Now that I have screened each student, I will have the opportunity to read one-on-one with some of them on a weekly basis and truly help cultivate a love for books and reading.

More Opportunities to Promote Reading:

Holmen Story Time: Every Tues at 6:30 PM and Wed at 10:15 AM **Onalaska Story Time**: Every Mon at 6:30 PM and Fri at 10:00 AM

The Holmen and Onalaska Libraries are offering Story Time for children ages 3-6 and include stories, songs, movement, and rhymes. These 30 minute story times support the development of literacy skills and encourage a lifelong love of learning and books! Registration is recommended. Follow this link to register for one of the times listed above.

 $\underline{https://docs.google.com/forms/d/e/1FAlpQLSefrXMpvF63uJWszDEh750WHuYiGvVlmUQO9fpctIMJ6EdXVw/viewform}\\$

The La Crosse County Libraries have started a new event for the month of October. **BINGO!** Please check out the <u>link</u> to see how you could win a gift card for Marcus Theatres or Jump Start!

I look forward to an exciting year of learning, reading and making connections. If you ever have questions, please reach out to me at any time.

Mrs. Sara Roemen roesar@holmen.k12.wi.us or 608-526-3316 ext 4109

Attendance

The School District of Holmen has a student management software program for tracking attendance, as well as other pertinent information regarding our students. It is imperative for all Early Childhood Special Education and 4K student absences to be reported to the Holmen Public Preschool Office at 608.526.3316. There is a voice mailbox available for you to leave a message with your child's name, teacher's name, and reason for the absence. Thank you.





Wednesday, October 11th is a District Early Release Day. Therefore, **EC/4K** students will not have school!

We hope your child and you or their care provider will be able to join us from 9:00-10:00 a.m. at the Upper Mississippi River National Wildlife and Fish Refuge on Brice Prairie! We will explore the beautiful visitor center and participate in a scavenger hunt and nature walk. Let's hope for a beautiful day!

Fire Prevention Week October 9th – 13th

Each October, the National Fire Protection Association (NFPA) sponsors a fire prevention campaign to highlight the importance of fire safety education. This year's campaign is

During Fire Prevention Week, the Holmen Fire Department will be conducting fire drills throughout the school district. These drills allow us to test and maintain the procedures established by the school and the Holmen Fire Department.

Allow us to help you with some safety tips:

- 1. Start a home fire escape plan.
- 2. Practice it at least once a month.
- 3. Install smoke detectors.
- 4. Change the battery in the smoke detectors twice a year.
- 5. Install fire extinguishers.
- 6. Keep matches in a safe place.
- 7. Cook safely.
- 8. Never leave the stove unattended.
- Read and help us teach your children about fire safety

Health Office News

Nurses: Emily Hanes, RN

Prescription and Over-the Counter Medications: Medicines such as cough drops, pain relievers, and other other-the-counter remedies to be administered at school require the completion of a School Medication/Treatment Form by a parent/guardian before the medications can be administered. A parent must sign the form, and if it is a prescription, the doctor must sign it as well. Forms may be obtained from the health office, the district webpage, or from your healthcare provider. All medications must be in the original container and labeled with the child's name. ALL medications must be brought to the health office by an adult, they can not be transported with students.

<u>Vision Screenings:</u> Hearing screenings will be done for kindergarten and 1st grade students this fall. Vision screenings will be done for 4K, kindergarten, 1st, 3rd and 5th graders. We hope to have the Lion's Club return again this year to help complete the vision screenings. Vision and/or hearing problems can affect a student's educational success and their ability to learn. Parents/guardians or teachers may request screenings for any student at any time during the school year if concerns arise. If you have questions please contact the health office.

Picture Retake Date

Tuesday, October 3rd, 2023 at Viking Elementary





CHILD FIND – Holmen's Early Childhood Developmental Screening

Do you have a child who is 2 ½ -5 years old and lives in the Holmen School District?

The School District of Holmen offers Child Find, which is a free, universal development screening for all children between the ages of 2 ½ -5 years old. All information shared is confidential and only viewed by professional educators in our district.

Purpose of the Early Childhood Screening:

Specialists in the early childhood field will review information regarding:

- Typical development
- Child's level of development (based on questionnaires completed by guardians)
- Services and resources available in the community for families and young children
- Any questions or concerns parents may have pertaining to their child

When does the screening take place?

Screenings will be completed on an individual basis through developmental questionnaires. Early Childhood specialists will review your responses, as well as provide support and complete screenings when applicable (virtually or in-person).

** Please note, this is not mandatory for 4K or 5K enrollment, but is highly encouraged for children over 2 ½ years, whether or not you have concerns regarding your child's development.

Contact Information for Questions or to Schedule an Appointment:

Call: 608.526.3316 E-mail: ecinfo@holmen.k12.wi.us

Holmen Public Preschool ~ School District of Holmen

PYRAMID MODEL NEWS

Your child is growing and learning at an amazing pace! They have been working hard to learn the routine and expectations of their classroom, learn, play and build friendships. In the Holmen Public Preschool program, we teach our students positive expectations for all parts of their day while at school to help them be safe, respectful and responsible. This is all part of our Pyramid Model approach, which is a framework we use to ensure multi-level systems of behavioral support. We also put into place support for students who are still learning how to be safe, respectful and responsible.

Below are a couple of examples of how we recognize individuals and the whole group when we see them being safe, respectful and responsible.

- Bucket Filler Stickers: These stickers highlight your child being safe, responsible or respectful while at school. Enjoy celebrating with your child when they get a bucket filler!
- Gumball Party: When your child's class demonstrates safe, respectful or responsible behaviors they may earn a gumball! When they earn a certain amount of gumballs, the class gets to have a celebration.

While Pyramid Model is one of the ways in which we support this development, the teachers have also introduced puppets to the children as a component of our social-emotional curriculum called, Second Step. The puppets help teach the students about emotions, behaviors, and solutions to problems they may encounter.

If you haven't heard, we do have a Lending Library at school that could be helpful for your family. There are a variety of books available for you to check out, read with your family, and return whenever you are finished with them. Almost every emotion is covered in these books, as well as some topics around common experiences for families. Reading a book and having a discussion about what's happening in their lives is one of the best ways for children at this age to understand and learn to cope with it.

Feel free to reach out to your child's teacher or the office if you would like us to send home a book with your child from our PBIS Lending Library.

You may also reach out to one of our Pyramid Model Leadership Team Members for specific questions regarding 4K/EC Pyramid Model implementation:

Kylie Harrison; Jodi Iverson; Jenny Lulloff; Amy Gasch; Deb Butzler; and Sue Eitland

School Bus Safety Month



The School District of Holmen Transportation Services share in the pride of providing a service that benefits the children of the communities that we serve. Safety is a year-round priority for school transportation. At this time of year, we are reviewing bus expectations and safety with our students.

Drivers will be conducting emergency evacuations of school buses the week of October 16th-20th. These drills are practiced once in the fall and again in the spring to help keep students familiar with the proper use of safety exits and how to respond safely in an emergency. Drills take place on morning routes as children proceed to school. Buses practice these safety procedures in parking lots and other designated areas. Students are generally interested in the drills and take the process seriously, but we encourage you to let us know if you or your student have any questions.

While at school, your students may also spend time learning about PBIS/Pyramid Model and safety on the bus. A bus and driver will be provided so students will be able to practice how to board safely, how to sit, and how to socialize quietly and safely with their friends. This is a great opportunity for your students to build their bus riding skills and ask questions!

Families may receive a phone call from a driver or EA if they have concerns about a student's behavior. We understand many students may need additional coaching or explanation than we are able to provide while on route, and we appreciate your support to help us clarify expectations. By doing so, you and your family are helping your students have a safe bus ride home.

Parents and community members also play a very important role in bus safety, as they comprise the driving public that shares the road with the yellow bus. Please be cautious when you see a bus and be ready to "ALWAYS STOP WHEN RED LIGHTS ARE FLASHING."

Please select transportation from one location to school and one location from school. The morning and afternoon locations may be different. Most importantly, we strive for the bus ride to be consistent each day so the students and families know where the student will be before and after school. In previous years, there has been more than one occasion where a young child has been confused as to which bus to ride home or which house to get off at. Frantic searches have taken place which included contacting the sheriff's department to find missing children. Obviously, this has resulted in excessive worry by parents and transportation personnel, which we try to avoid. Additionally, we will not allow students to ride buses other than those to which they are assigned. This includes after school activities (i.e. having friends over, Scouts, or birthday parties).



"A Consistent Ride Is a Safe Ride"

We strive for the bus ride to be consistent each day. For that reason, we will not allow students to ride buses other than those to which they are assigned. The safest ride occurs when the regular riders are the only ones on the bus.

If you require a change in schedule, then we suggest picking your child up at school or daycare on these days. That keeps your child safe, which is our number one priority.

School Cancellations: Please Be Prepared for Emergencies

In case of snow, ice, cold or other inclement weather or emergencies, the following public media will be notified of school cancellations. Notifications will also be displayed on the District's website (www.holmen.k12.wi.us) and Facebook page (@holmenschools), as appropriate.

Radio Stations

Call Letters	Name	<u>Frequency</u>
KQYB	KQ98	98.3 FM
KCLH	Classic Hits	94.7 FM
WIZM-FM/AM	Z-93	93.3 FM/1410 AM
WRQT	The Rock	95.7 FM
WQCC-FM	Kicks 106.3	106.3 FM
WLXR-FM	Magic 105	104.9 FM
WKBH-FM	Classic Rock	100.1 FM
KQEG-FM	The Eagle	102.7 FM
WKTY	Sports Radio	580 AM
WLFN-AM	Today's Talk	1490 AM
WCOW-FM	Cow 97 97.1 FM	[
WWIB	WOGO 103.7 FM	

Television Stations

Channel 8 WKBT Channel 19 WXOW Channel 13 WEAU Channel 25/48 Fox

Text Message Notification System

The School District of Holmen also utilizes a text message notification system to provide notifications to families and staff regarding delays and closings due to inclement weather, as well as other emergencies. If you have a student enrolled in the School District of Holmen and would like to receive these text messages, **text "YES" to 87569.**

Important Reminders

If school is delayed for two hours or more, there will be NO morning Early Childhood/4K. If school is dismissed two hours or more early, there will be NO afternoon Early Childhood/4K.

Some circumstances require driver discretion, even though schools may be running. A parent needs to exercise their parental responsibilities and not allow their children to ride if indeed they believe the conditions are too treacherous.

Virtual Backpack

The School District of Holmen utilizes a "green" approach for distributing flyers from community organizations, and has discontinued the process of sending paper flyers in your student's backpack, unless they are school related. The information is divided into three sections, by grade levels, and updated on a regular basis.

Click on this link:

https://www.holmen.k12.wi.us/community/pre-k-elementary-school-flier.cfm to be directed to the actual webpage which is housed in the COMMUNITY/PARTNERS tab of the homepage.

Note that most of these advertisements are not district publications (unless marked). The District enables their online distribution as a community service to inform you of educational opportunities, activities and events available in our area.





SPEECH AND LANGUAGE DEVELOPMENT OF A 4-5 YEAR OLD

Communication development begins in infancy before your child even says his/her first word and continues into adulthood. The development of language or communication is a two-part process. First, your child needs to develop a clear understanding of language (including vocabulary and concepts). Second, once your child has a clear understanding of language, they can begin to speak or use what they have learned.

By age 4-5, your child should be able to:

- Understand words for order, like first, next and last.
- Understand words for time, like yesterday, today and tomorrow.
- Follow longer directions like, "Put your pajamas on, brush your teeth, and then pick out a book."
- Follow classroom directions, like "Draw a circle on your paper around something you eat."
- Understand most of what is said at home and in school.

And be able to:

- Say all speech sounds in words. May make mistakes on sounds that are harder to say, like r and th.
- Respond to "What did you say?"
- Talk without repeating sounds or words most of the time.
- Use sentences that have more than 1 action word, like *jump*, *play*, *and get*.
- Tell a short story.
- Keep a conversation going.
- Talk in different ways depending on the listener and place. May use short sentences with younger children to talk louder outside than inside.

Here are ways you can help develop your 4-5 year olds communication skills:

- Talk about spatial relationships (first, middle, and last; right and left) and opposites (up and down, big and little).
- Offer a description or clues and have your child identify what you are describing.
- Work on forming and explaining categories (fruits, furniture, shapes).
- Follow your child's directions as she or he explains how to do something.
- Build on your child's vocabulary. Provide definitions for new words, and use them in context: "This *vehicle* is riding on the highway. It is a car. A bus is another kind of vehicle. So are a train and an airplane."
- Encourage your child to ask for an explanation if he or she does not understand what a word means.
- Point out things that are the same or different.
- Sort items into categories. Now try to sort them by pointing out more subtle differences between objects (e.g., rocks that are smooth vs. those that are rough, heavy vs. light, big vs. small). Again, have your child identify the object that does not belong in the given category, but now ask them to explain why the item does not belong.
- Expand on social communication and narration skills (telling a story) by role-playing. Play house, doctor, and store using dialogue, props, and dress-up clothes. Do the same with a dollhouse and its props, acting out scenarios and making the dolls talk.
- Read stories with easy-to-follow plots. Help your child predict what will happen next in the story. Act out the stories, and put on puppet shows of the stories. Have your child draw a picture of a scene from the story, or of a favorite part. You can do the same things with videos and television shows, as these also have plots. Ask "wh" questions (who, what, when, where or why) and monitor their response.

- Expand on your child's comprehension and expressive language skills by playing "I Spy": "I spy something round on the wall that you use to tell the time." After your child guesses what you have described, have them give you clues about something that they see.
- Give your child two-step directions (e.g., "Get your coat from the closet and put it on").
- Encourage your child to give directions to explain how he or she has done something. For example, ask your child to explain how he made a structure out of Lego blocks. When playing doctor, ask your child to explain Play age-appropriate board games with your child (e.g., "Candyland" or "Chutes and Ladders").
- Have your child help you play and discuss daily activities. For example, have them make a shopping list for the grocery store, or help you plan their birthday party. Ask your child's opinion: "What do you think your cousin would like for his birthday? What kind of fruit do we need to buy at the store?"

If you ever have any questions about your child's speech and language development, please call Caitlin Mosel or Liz Dahlen at (608) 526.3316.

Liz Dahlen and Caitlin Mosel Speech/Language Pathologists Holmen Public Preschool Program



