Welcome to the MyHealics Dashboard

- Secure online portal
- Complete your health
 assessment
- Schedule your upcoming appointment(s)
- Access your Individual Health Profile
- View program documents
- Track your wellness program participation





Secure Login Access

Accessing Your Dashboard

Go to www.myhealics.com

Login Information	
Participant ID	Enter your Payroll ID
Password	wellness
Company ID	Healics



Participant ID/Email:

Password:

Company ID:

Forgot your Participant ID? Retrieve it! Forgot your Password? Click here to reset it! If you are still unable to access your account, please contact Healics at receptionist@healics.com.

Warning! The use of this website is restricted to authorized users only. All information and communications on this system are subject to review, monitoring and recording at any time, without notice or permission. Unauthorized access or use shall be subject to prosecution.

Sign In

Cambiar a la web espanola

Getting Started

Upon logging in, you will be asked to:

- 1. Change your password
- 2. Provide necessary information to complete the setup of your online account

Once you update your profile with a valid email address, you may login with your email address in lieu of Participant ID, if preferred.

Problems logging in? Our team is here to help! Email us at <u>receptionist@healics.com</u>



Next Steps

1. Click **Questionnaire** to complete your Health Assessment.

2. Click **Appointments** to schedule your upcoming health screening and coaching appointments.

3. 3-4 weeks following your screening, click **Reports** to view your Individual Health Profile.



