

Together we rise above

WE  
RISE  
BY LIFTING OTHERS



The Togetherness Project



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Together we rise above

GREAT THINGS  
are DONE  
BY a SERIES OF  
SMALL THINGS  
BROUGHT  
TOGETHER.

- VINCENT VAN GOGH



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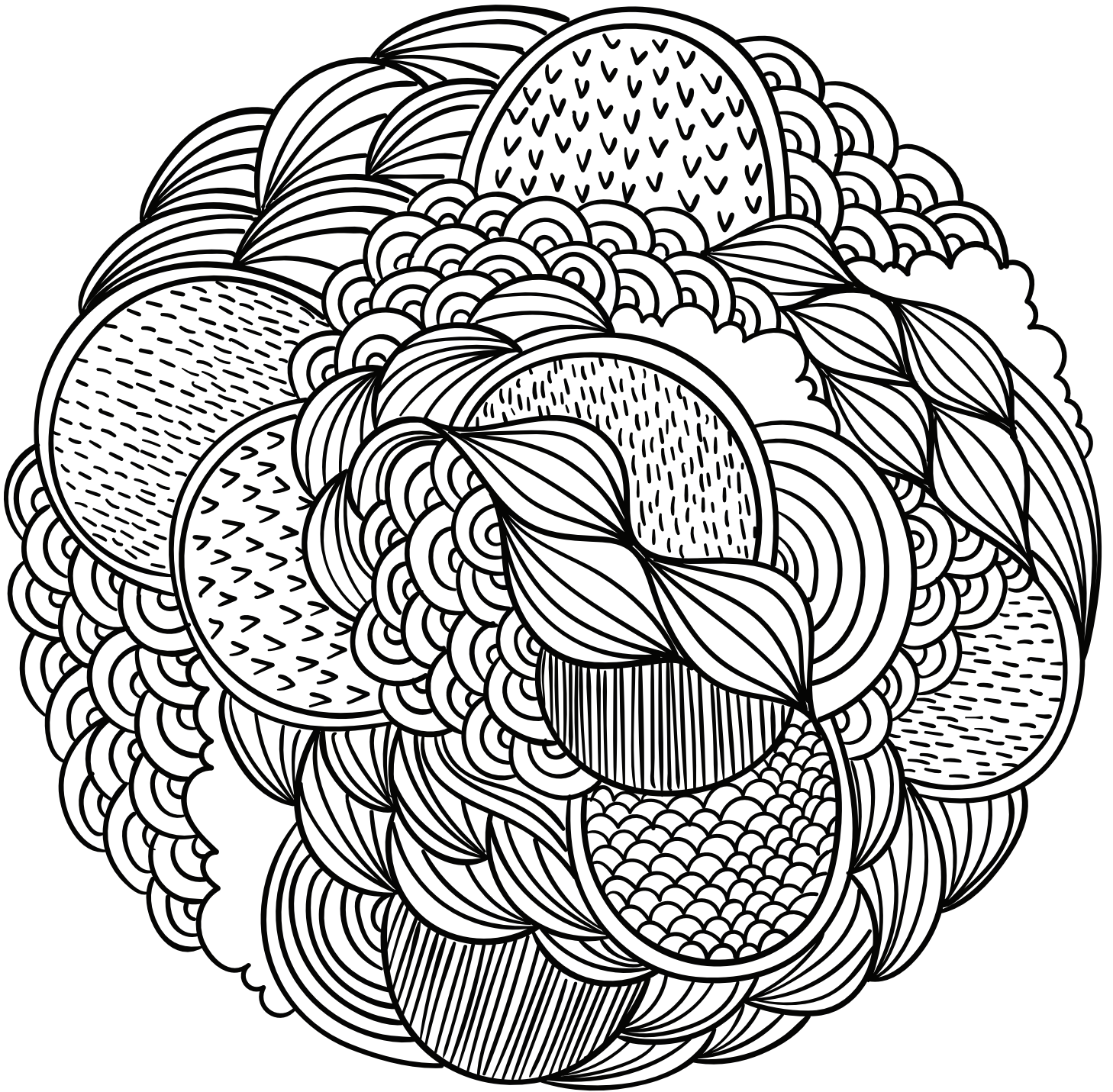


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**I AM STRONG  
STRONGER THAN I REALIZE**



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Together we rise above

Don't  
confuse  
your path  
with your  
destination.

Just  
because  
it's stormy  
now doesn't  
mean you  
aren't  
headed for  
SUNSHINE.



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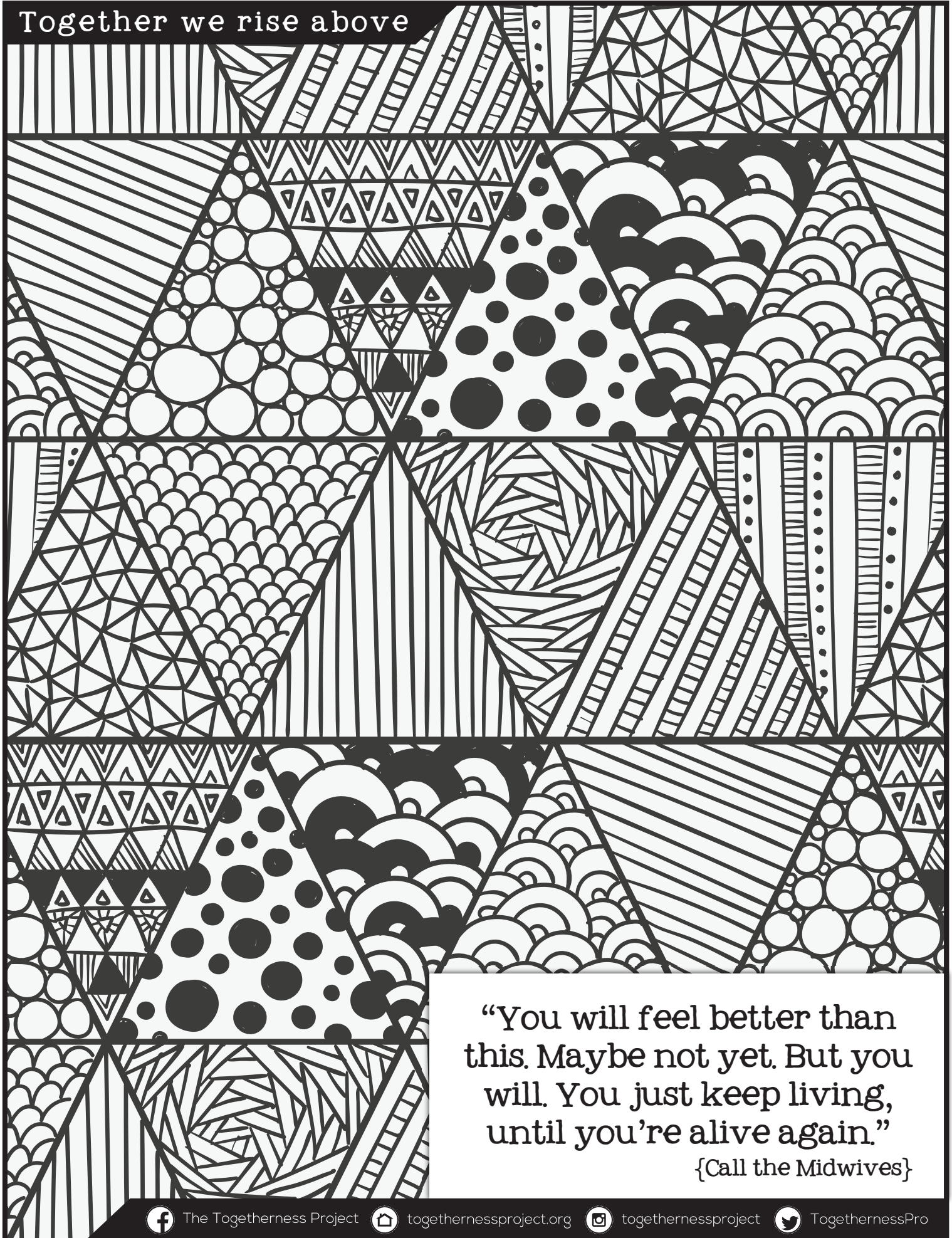
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“You will feel better than this. Maybe not yet. But you will. You just keep living, until you’re alive again.”

{Call the Midwives}



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Be the  
reason  
someone  
smiles  
today



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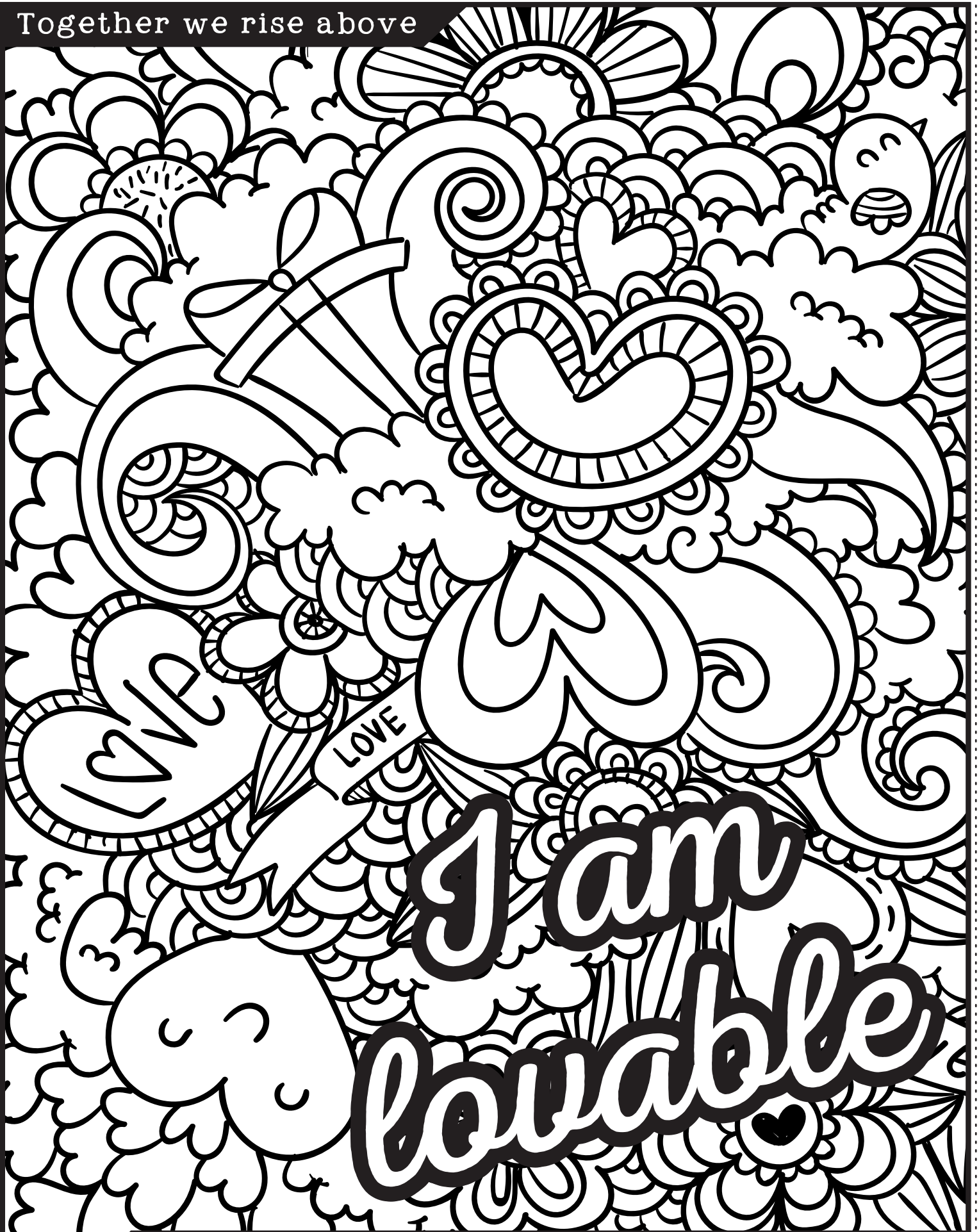
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"DO NOT WISH TO BE ANYTHING  
BUT WHAT YOU ARE, AND TRY  
TO BE THAT PERFECTLY."

- ST. FRANCIS DE SALES



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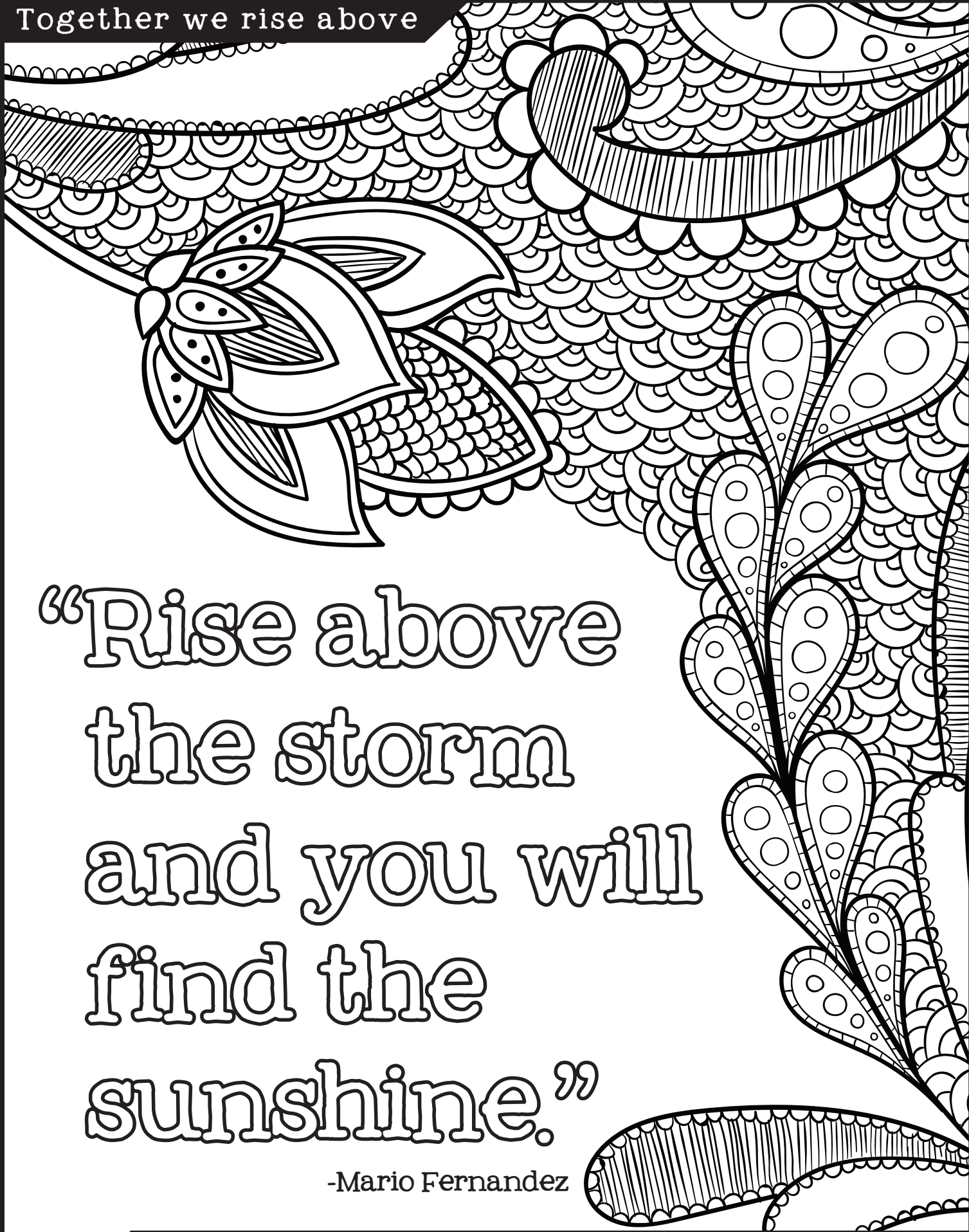


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“Rise above  
the storm  
and you will  
find the  
sunshine.”

-Mario Fernandez



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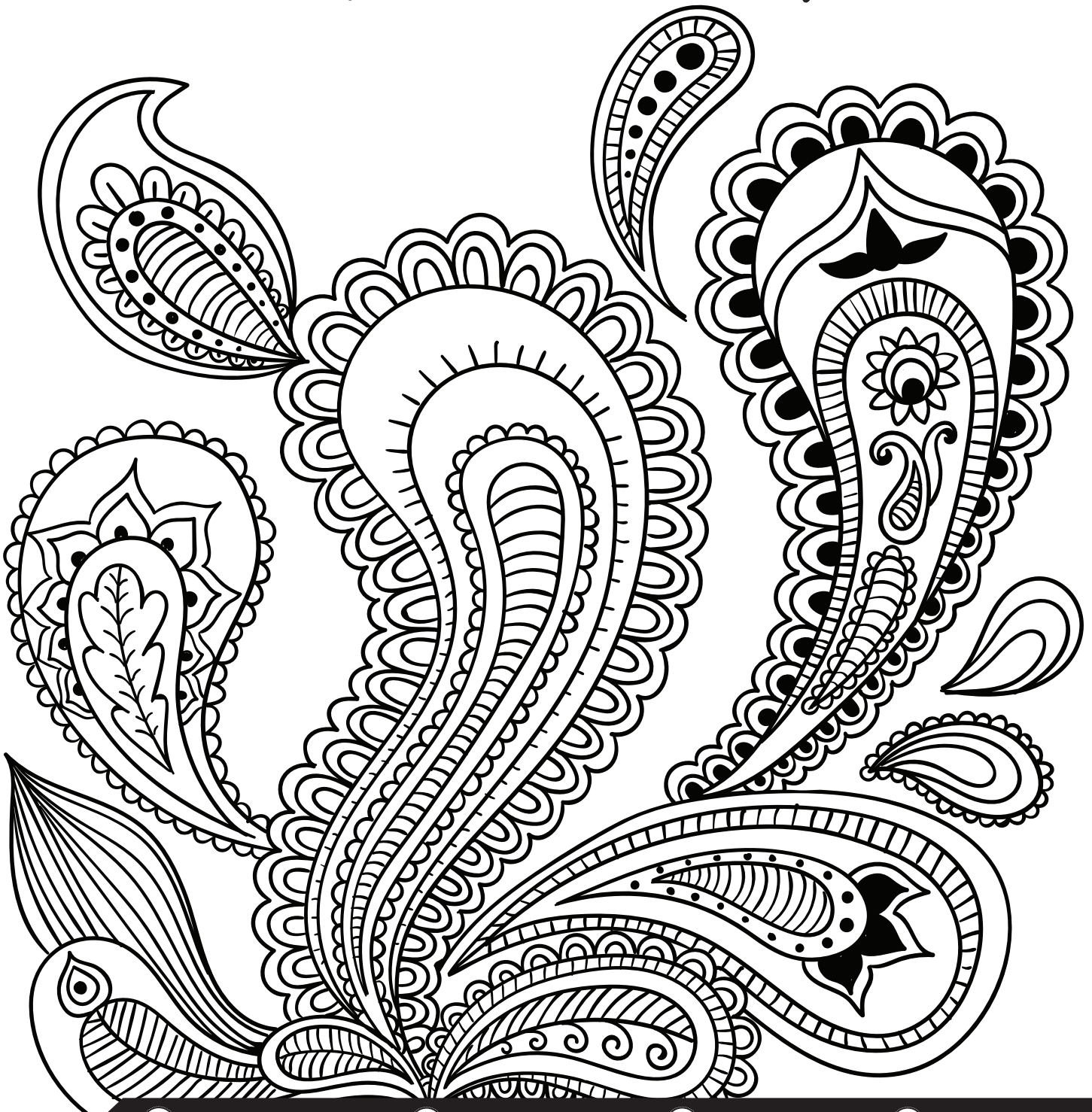
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Together we rise above

*You have it within you to be happy.*

*No matter how much "you have got to be kidding me" life throws at you.*



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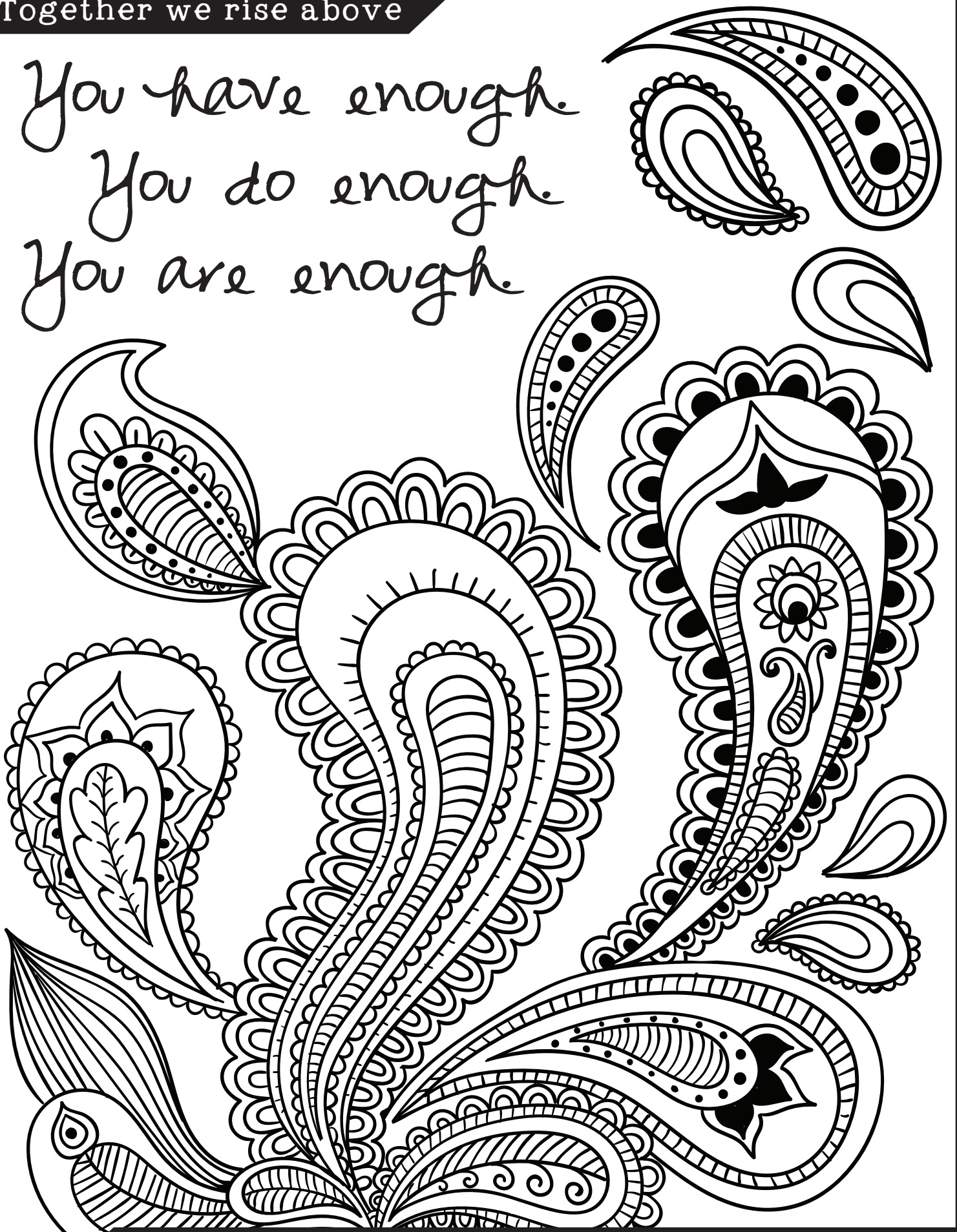
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You have enough.  
You do enough.  
You are enough.



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*I wish I could show you when you are  
lonely or in darkness, the astonishing  
light of your own being.*

*- Hafiz*



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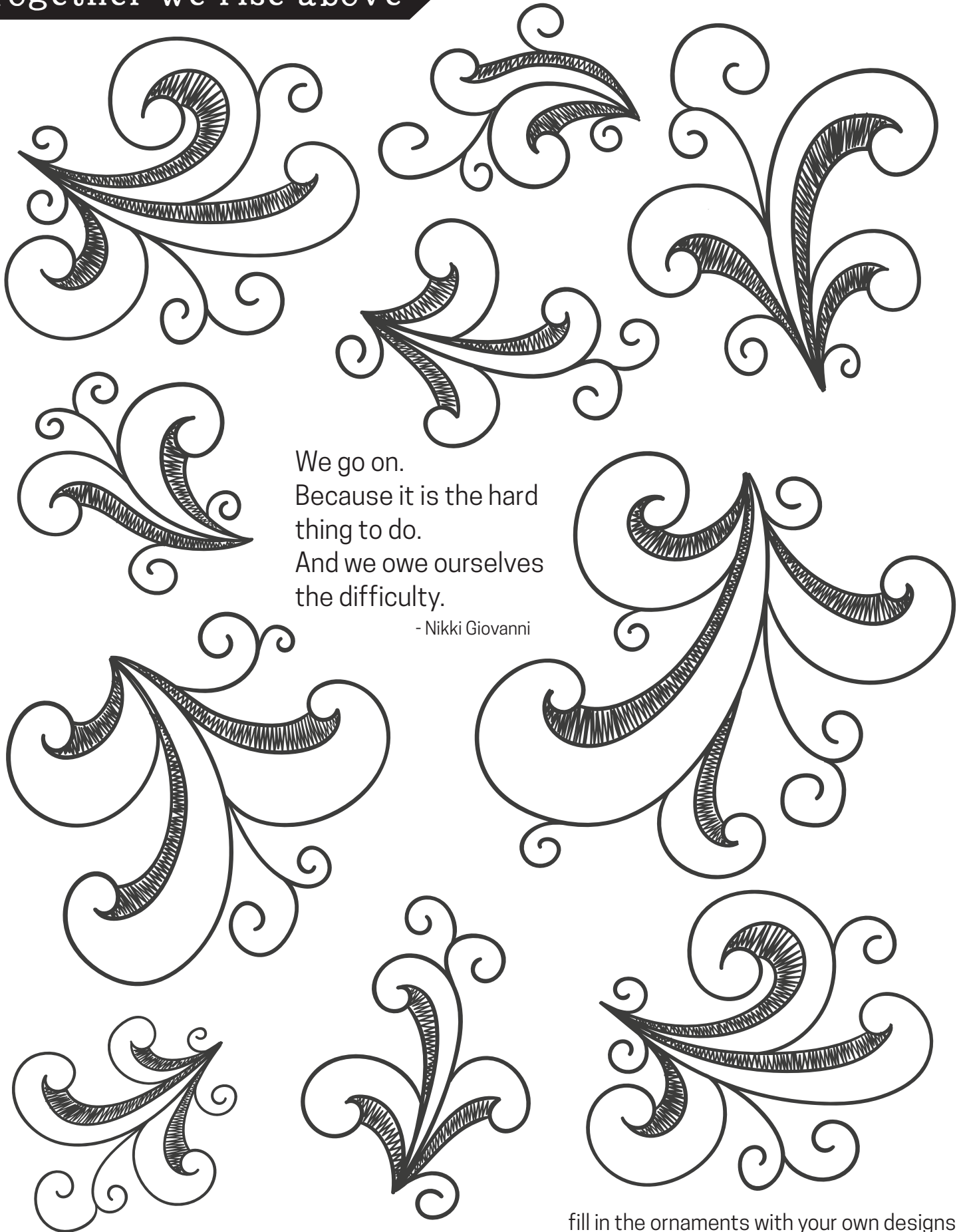
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# Together we rise above



We go on.  
Because it is the hard  
thing to do.  
And we owe ourselves  
the difficulty.

- Nikki Giovanni

fill in the ornaments with your own designs



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When we are no longer able to change a situation,  
we are challenged to change ourselves.

{victor frankl}



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I CAN  
DO HARD  
THINGS



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**i am**

**ENOUGH**



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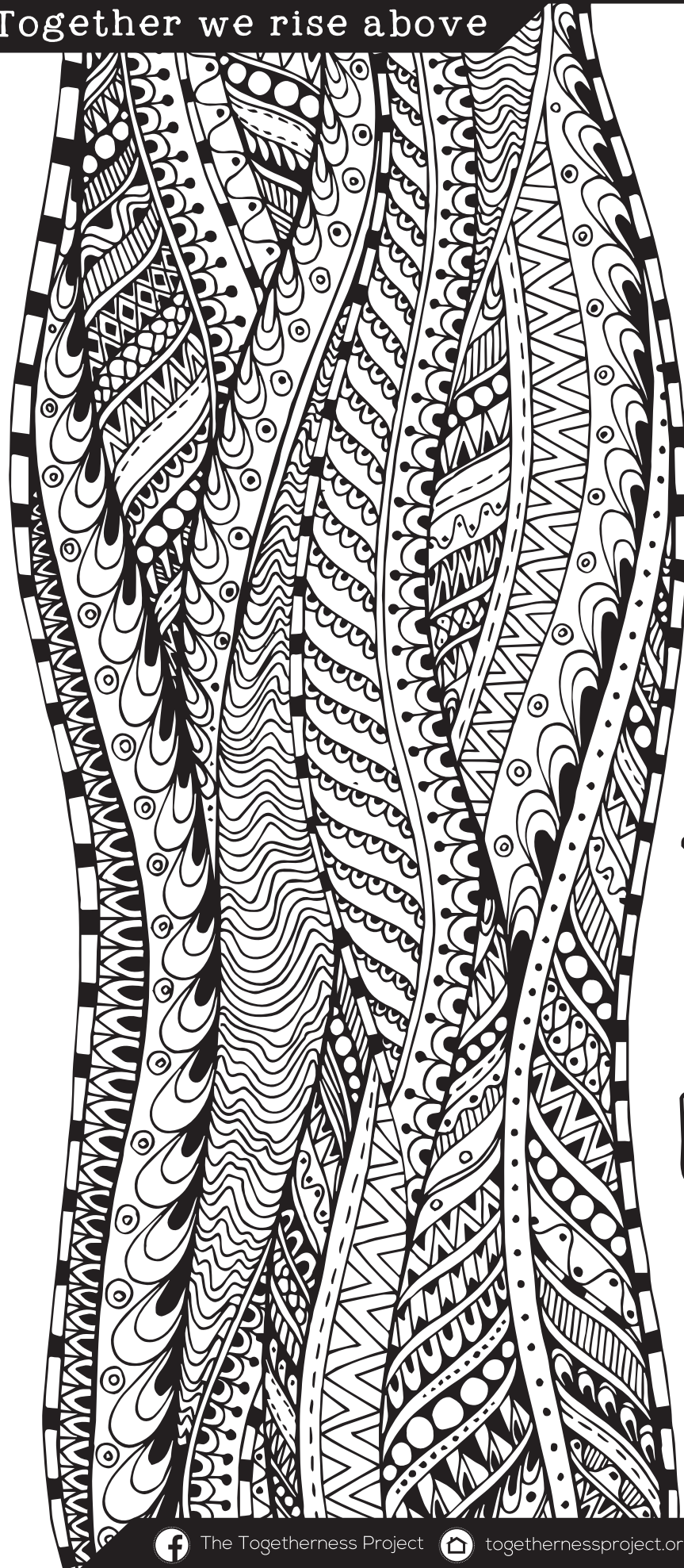
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i am  
wanted

i am  
loveable

i am  
whole



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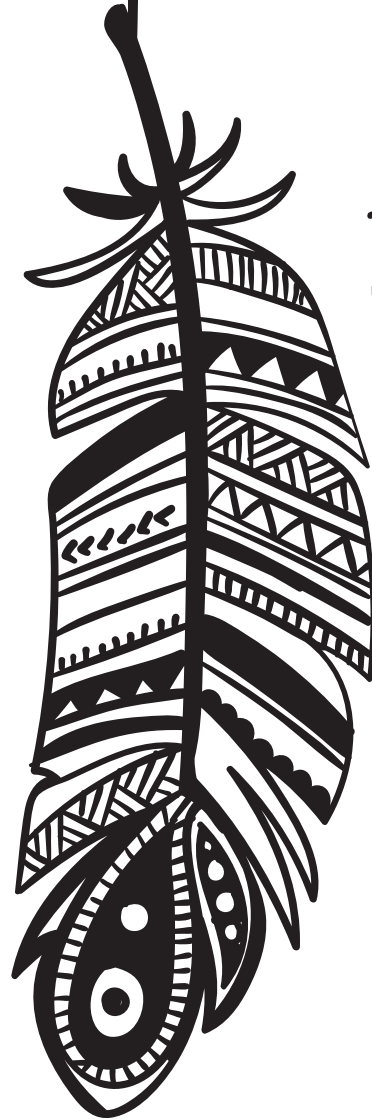
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Sometimes  
we just  
need to  
be our  
own hero.



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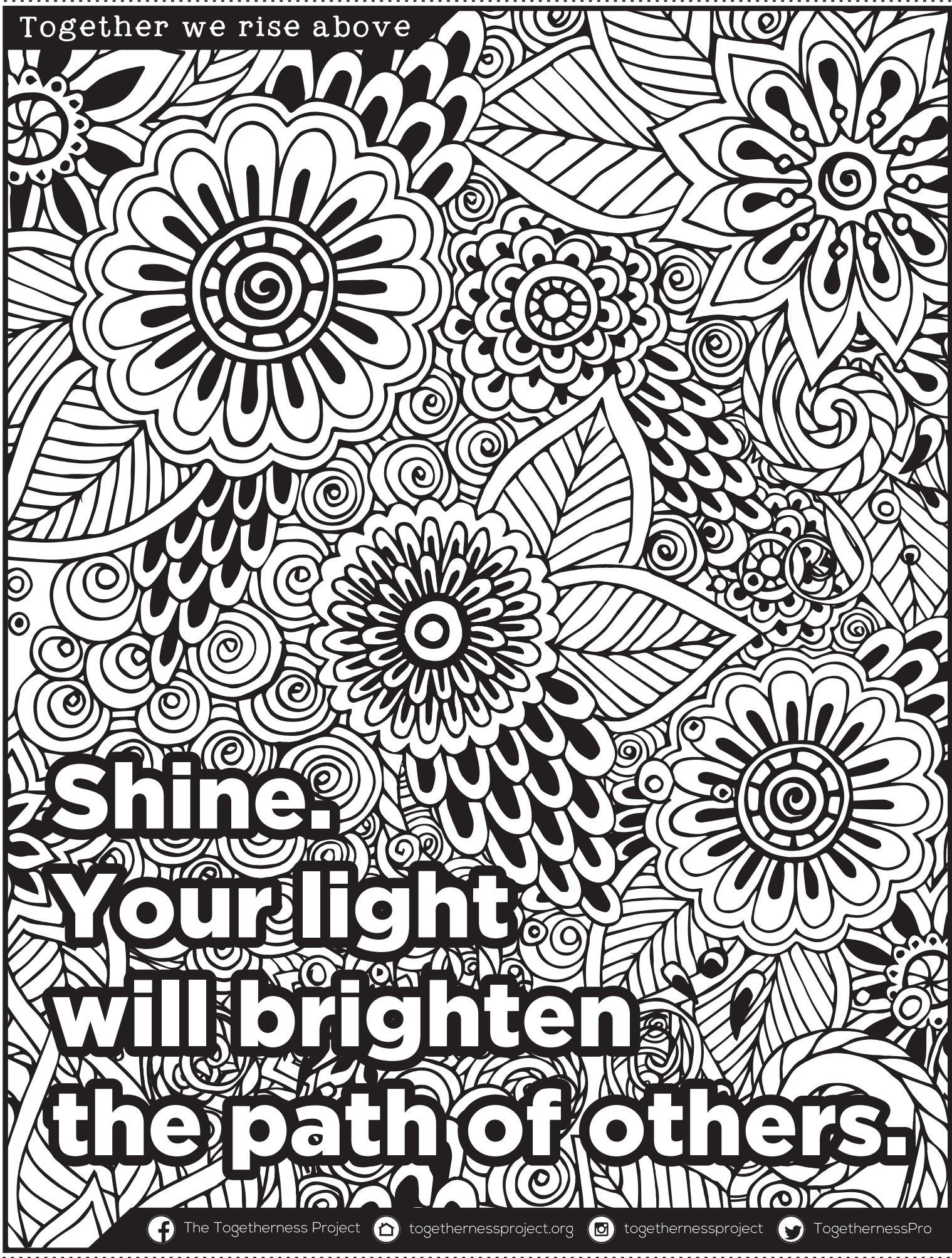


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**Shine.  
Your light  
will brighten  
the path of others.**