



Prairie View Elementary News 2019

School District of Holmen
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PRINCIPAL PATRICE'S PONDERINGS..... from Prairie View



Child Pick-up- If you are having someone NOT listed on your emergency card pick up your child from school, we must have your request and authorization in writing. This written authorization can be in the form of a written note on paper, an email, or a fax. The request must include the full name of the person picking your child up, date, time they are picking your child up, and your signature. We are unable to accept verbal authorizations for pick-up. Thank you, for your help in keeping our students safe.



Flowers & Balloons (from the Elementary Handbook)- Parents/guardians are discouraged from sending flowers and balloons to students. If these items do arrive, they will be delivered to students after 3:15 p.m. Because of health concerns, latex balloons will not be accepted. These items are also not allowed to be transported on School Transportation buses or vans.



Volunteer Forms – Volunteers are important in our school. Volunteer forms need to be completed every school year. Blank forms are located in the Prairie View office or on the [district website/Community/Volunteers](http://www.holmen.k12.wi.us/district-website/Community/Volunteers). Forms take approximately 2 weeks to process.

--Dr. Tronstad

Prairie View Elementary-A Learning community committed to achieving excellence.

DATES TO REMEMBER

November 5 & 7 – Parent Teacher Conferences

November 4 – **NO SCHOOL**

November 11 – Veterans Day Assembly
3:00 PM

November 11- PTO Meeting 6:30 PM

November 13 – **EARLY RELEASE**
(1:40pm)

November 27-29 – **NO SCHOOL**

Thank you!

Your support with the My Local Deals fundraiser has helped raise **\$8,316**. This money will help support Prairie View programs such as Lego League PBIS, Positive Parenting Class, Forever We Run, Environmental Education Day, and other student needs throughout the year.

Classroom contest winners are:

Mrs. Wilber – Pizza Party

Mrs. Anderson – Root Beer Float Party

Mrs. Simonson – Popcorn Party



Veterans Day Assembly

Our Veterans Day Assembly is
Monday, **November 11, 2019** at 3:00 p.m.
in the Prairie View Cafetorium.

We appreciate the men and women that serve
our country and will be learning more about
why we should respect all branches of the
military. Prairie View students will be joining
together in an all-school sing along of Patriotic
music!



*Please invite a Veteran so that we
may thank them for their service!*



Prairie View staff and students will be
celebrating American Education Week
with a number of events and activities that
will take place throughout the week.

The theme, Great Public Schools: A Basic
Right and Our Responsibility, presents a
wonderful opportunity to celebrate public
education and honor individuals who are
making a difference in ensuring that every
child receives a quality education.

Mark your calendars for the December Music Programs in the Prairie View Cafetorium!

December 5:
3rd Grade concert at 6 pm

December 13:
1st Grade concert at 2:15pm



SAVE THE DATE

Kids Night Out!

(Sponsored by the PTO)

December 6, 2019 6:00-7:30pm

**Games, Snacks, Crafts, and
lots of FUN!**

More information coming soon.....

VOLUNTEERS: WE NEED YOU!



We are still in need of volunteers to help with some very easy fundraisers! Please join us to learn more at our meeting November 11, 2019 at 6:30 pm in the Prairie View LMC. Child Watch will be available. All parents/guardians and staff are invited to attend. We are always in need of volunteers, as many hands make light work!

Please also check us out on Facebook: Prairie View Elementary PTO- Holmen, WI or on our website by [clicking here](#).

News from the Student Council

The Guess the Weight of the Pumpkin was a huge success! We collected 327 non-perishable food items and \$414.53. The food donations were delivered to the food pantries at Holmen Lutheran Church and St. Elizabeth Church. The money was donated to the Children's Miracle Network. THANK YOU Prairie View families for making a difference in the lives of others.

The winner of the orange pumpkin was Alex Balsley!

We will also be celebrating National Education week during the week of November 18th through the 22nd. We would also like to thank the PTO for purchasing our Student Council t-shirts this year.



COUNSELOR CONNECTION – MR. EIKEN

Fall is flashing by here at Prairie View and our students have been very busy! Bullying has been the main topic of study this past month in all grade levels and our PV kids are committed to keeping Prairie View a safe learning environment for all. We stood together as a school on 10/23 in our orange attire to support the Unity Day effort and there was orange everywhere—a great showing from our students and staff.

Communication and social skill will be the Guidance focus in November. If I can be of any assistance to you or yours, please do not hesitate to contact me at eikbre@holmen.k12.wi.us or 608.526.1600 x1610.

FROM THE HEALTH OFFICE:

Vision Screenings:

Vision screenings will be completed for Kindergarten and 1st grade on Friday, November 8th. The Lion's Club will be here to conduct the vision screenings using the SPOT camera. The SPOT camera is a handheld camera that can read a child's vision by taking a picture of their eyes. The Lion's club members are trained to use the camera and will be administering the exams with either the nurse or a health assistant present. If a referral is recommended, a letter will come home in the mail or with your child. The SPOT vision screening does not replace recommended yearly professional eye exams.

When to Keep Your Child Home:

- Any temperature of 100 degrees or higher requires exclusion from school. If your child is requiring Tylenol or Ibuprofen to keep the fever down, they should stay home. They should be fever free for at least 24 hours without the use of medication to maintain a normal temperature.
- Cold symptoms serious enough to interfere with the child's ability to learn.
- If your child has diarrhea and/or vomiting, keep them home until their bodies have had time to recover. Sometimes, children return too early and end up having a relapse or infecting more students.
- Coughing that causes difficulty breathing, moderate to severe chest pain and/or vomiting.
- Headache severe enough to interfere with learning.
- Abdominal pain accompanied by elevated temperature, vomiting, or diarrhea.
- Sore throat serious enough to interfere with swallowing or accompanied by a fever or rash.
- Pink eye-if fever present, behavior changes or unable to avoid touching the eyes.
- Certain bacterial conditions, which are prescribed an antibiotic, such as strep throat and impetigo, require a student to be on the antibiotic for 24 hours prior to returning to school.

Flu Prevention Reminders:

- Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
- Wash your hands often with soap and water. If soap and water are not available, use an alcohol-based hand rub.
- Avoid touching your eyes, nose and mouth. Germs spread this way.
- Try to avoid close contact with sick people.
- If you are sick with flu-like illness, the CDC recommends you stay home for at least 24 hours after your fever is gone except to get medical care or for other necessities.
- While sick, limit contact with others as much as possible to keep from infecting them.



Order your 2019-2020 yearbook today online at ybpay@lifetouch.com.

Yearbook ID Code: 10413820

Winter Weather is here; we would like to remind you that students will go outside daily when the temperatures/conditions permit. Please make sure your child is dressed appropriate for the weather.

- Students will go outside when the temperature is +1 degree or above.
- Students will stay indoors when the temperature is 0 degrees or below and/or when the wind chill is 0 degrees or below.

The Holmen High School Special Education Department students have cards and spirit chains available for sale in the Prairie View office.

The cards are \$1.00, made by the Project Bridge, which is a transition program for students ages 18-21.

The Spirit Chains are \$3.00, made by students in the TOOLS class.

THANK YOU

The Prairie View PTO Sunshine Committee would like to extend a huge **THANK YOU** to all parents who generously donated to the meals for parent teacher conferences. The teachers and staff enjoyed two wonderful meals thanks to your donations.

Thank you again for your contributions, they are very much appreciated.

Don't forget to check [Virtual Backpack](#) for educational opportunities, activities, and events available in our area.

Some upcoming events include:
DECA Coat Drive, [Holmen Viking Wrestling Club Registration](#), [National Eagle Center](#), [LEGO Bricks at the Library](#), [Girls Connect Series](#), [BGC-Holmen Area Club Celebration](#)
and much more!

LOST AND FOUND

Our lost and found has filled up quickly with sweatshirts, hats, gloves, jackets, and other items. Please be sure to label your child's items so if they are found, they can be returned back to them.

Senior Citizen Holiday Meal

Who: Senior Citizens

Provided by: Holmen High School
DECA

What:

- Free Breakfast
- Entertainment from Holmen Show Choir
- BINGO
- Prizes
- Socialization



Where: Holmen High
School Commons/Cafeteria

When: November 2nd from 8am-10:30am
(breakfast served at 8:30 am)

Why: To get into the holiday spirit!

Stick around after the Holiday Meal to hear from representatives from the Boys and Girls Club and Holmen Area Community Center!

WE'RE HIRING!

APPLY TODAY VIA THE
EMPLOYMENT TAB ON OUR
WEBSITE

WWW.HOLMEN.K12.WI.US



HAPPY
THANKSGIVING
TO YOU AND YOURS!

SCHOOL DISTRICT OF HOLMEN IS AN EOE

Harvest of the Month



November



Cranberries



Pick:

- Choose plump cranberries that are red, shiny, and firm to the touch.
- Berries that are discolored or shriveled should be tossed.

Store:

- Fresh cranberries can be refrigerated up to 1 month or frozen for up to a year.
- Cooked cranberries can be refrigerated for a few days or frozen for up to 6 months.

Prepare:

- Enjoy cranberries cooked, fresh, canned, frozen, or dried.
- Rinse fresh cranberries under cold water before using.

Nutrition Info

One cup of cranberries contains 50 calories.

Cranberries are an excellent source of vitamin C and fiber.

Fun Facts

Cranberries were first used by Native Americans for food, fabric dye, and medicine.

Only 5% of cranberries are sold fresh. The remaining 95% are turned into cranberry juice, cranberry sauce, and other cranberry products.

Wisconsin is the nation's #1 cranberry producer!

Another name for cranberries is "bounce-berries" because they bounce when ripe.

Uses

Add fresh cranberries to smoothies or muffins, or dried cranberries to salads.

Cranberries can be a bit tart on their own, but they pair well with sweeter fruits such as apples!

Farm2School Updates

Did you know that Thursday November 14th is the Wisconsin Chili Lunch? Schools, preschools, daycares, hospitals, worksites and other organizations across Wisconsin will be serving Farm2School Chili.

This delicious dish is minimally processed and is made with hearty beans and local veggies that were frozen during their peak season. **Find the recipe on the back page and give it a try at home!**

Farm2School Chili was originally developed by our Coulee Region Farm2School Program and is now being used statewide as part of a USDA Farm2School Grant!

Harvest of the Month

Cranberry Rice Pilaf

serves 8 (1/2 cup per serving)

Ingredients:

½ cup brown rice
½ cup wild rice
1 ¾ cup chicken broth (low sodium)
¼ cup orange juice
2 Tbsp. olive oil
2 tsp. brown sugar
1 ½ cup diced onion
1 cup dried cranberries

Directions:

In a medium pot, combine rice, broth and orange juice. Bring to a boil, then reduce heat and simmer until tender (about 45 minutes). Meanwhile, stir together oil and sugar until dissolved. In a sauté pan, combine onions with the oil mixture and cook over low to medium heat until onions are browned and sweet (about 40 minutes). Stir onions and cranberries into the cooked rice mixture, serve hot. Add cooked chicken for an easy meal!

Rice Pilaf Nutrition Facts (per 1/2 cup serving):

180 calories, 4 g fat, 3 g protein, 34 g carbohydrate, 2 g fiber, 15 mg sodium

For more information on Farm2School visit: www.laxF2S.org.

BONUS RECIPE: Farm2School Chili

Serves 11

Ingredients:

1 Tbsp. extra virgin olive oil	1 ¾ cups frozen corn
1 cup diced onions	2 (14.5 ounce) cans diced tomatoes, undrained
3/4 cup diced carrots	1 (15 ounce) can black beans, undrained
3/4 cup diced celery	1 (15 ounce) can kidney beans, undrained
1 tsp. granulated garlic (or garlic powder)	1 Tbsp. ground cumin
1 Tbsp. chili powder	1/2 Tbsp. dried oregano
1 cup diced green bell pepper	1/2 Tbsp. dried basil
1 cup diced red bell peppers	1/2 tsp. salt
1 ½ cups diced mushrooms	shredded cheddar cheese

Directions:

Heat olive oil in a large pot over medium heat. Add onions, celery and carrots and sauté until tender. Stir in the bell peppers, garlic powder and chili powder. Cook about 6 minutes. Stir in the mushrooms and frozen corn. Cook about 5 minutes and test to make sure all vegetables are tender. Add cooking time if needed. Stir in tomatoes, kidney and black beans. Season with oregano, cumin, basil and salt. Bring to a boil and reduce heat to medium. Cover and simmer for 20 minutes, stirring occasionally. Serve warm, topped with shredded cheddar cheese!

Chili Nutrition Facts (per 1 cup serving):

150 calories, 2 g fat, 7 g protein, 27 g carbohydrate, 7 g fiber, 275 mg sodium

WISCONSIN
CHILI
LUNCH
Thursday
November 14,
2019

Library Learning

- 1st - 5th grade students have reviewed the Acceptable Use Policy (AUP).
- Kindergarten students have been practicing the use of the shelf marker and responsibility of using an LMC book. Students are also learning the parts of a book.
- First and second graders have been working on accessing PebbleGo for basic research. PebbleGo (www.pebblego.com) can be accessed from home on weekdays until 5:00 PM by entering the username **prview** and the password **read**.
- Third through fifth grades are in the beginning stages of research projects and learning to cite sources accurately. PebbleGo Next (www.pebblegonext.com) is an upper level database. The username is **prview** and the password is **read**.



- The physical Scholastic Book Fair will take place November 5 and 7 during conference evenings from 4:00 - 7:30PM. Limited hours will be available on November 4. Online shopping is available October 30 - November 12. Check out our Book Fair homepage.

<https://bookfairs.scholastic.com/bf/prairieviewelementaryschool3>

Students will be allowed to window shop during their LMC times and will be creating a wish list. Purchasing of items may occur on conference nights and online. The best selection of books will be available on November 5th. Even if your child's conference is not on the 5th you are welcome to come to the Book Fair. Don't forget to tell your child's relatives, especially the grandmas and grandpas, about the Book Fair. Books make fantastic gifts.

NEW: This Year we are required to charge sale's tax on all purchases. You will also have the ability to round up your purchase to the next whole dollar amount for All For Books. Your donations will be presented to our Family Reading Committee to use to purchase books for all students in the School District of Holmen. Did you know that since 1995 the Family Reading Committee has distributed over 8,000 books to our district preschool and elementary children on Family Literacy Night? There will also be a collection box near the registers so that you may donate money to help place books in the hands of our HOLMEN kids. We appreciate your generosity! Thank you for supporting our LMC by attending our book fair. We look forward to seeing you there!

Thank you for participating in the Storybook Character Pumpkin contest. We were blown away by the numbers and the creativity! Scholastic book dollars were presented to the three highest vote-receivers in each grade level. Stop by the Book Fair to check them out for yourself.

Family Literacy Night

The 2019 Family Literacy Night celebration will not take place this year. Due to scheduling and an exciting construction project at Holmen High School the Family Reading Committee voted to forego this year's literacy filled evening in order to come back next year to our new Holmen High School Fine Arts Center and a bigger and better night filled with entertainment, books, food, and fun for the entire family!