

Positive Behavior Interventions and Strategies (PBIS)

Positive Behavior Interventions and Supports (PBIS) is a proactive systems approach to establishing the behavioral supports and social culture needed for all students in a school to achieve social, emotional, and academic success.

Schools applying PBIS begin by establishing clear expectations for behavior that are taught, modeled, and reinforced across all settings and by all staff. This provides a host environment that supports the adoption and sustained use of effective academic and social/emotional instruction. PBIS has proven its effectiveness and efficiency as an Evidence-Based Practice. (Sugai & Horner, 2007).

We have PBIS teaching posters throughout the building to help remind our student what they need to do to be safe, respectful and responsible. The Prairie View students were taught the behavioral expectations and have had the first quarter to practice. We held a recess rodeo in which we explained how to play on the playground in a safe, respectful and responsible manner.

Respectful, Responsible, and Safe

Prairie View Expectations

| | | | |
|---------------|---|---|---|
| Assemblies | -Eyes and ears on speaker | -Quiet | -Sit on your bottom with hands to yourself |
| Cafeteria | -Follow directions the first time -Eat quietly and use your manners | -Clean up after yourself -Raise your hand for assistance | -Stay seated until dismissed -Hold your lunch tray with two hands -Walk -Keep hands, feet, and objects to yourself |
| Bathroom | -Wait your turn -Give privacy to others -Use quiet voices | -Clean up after yourself -Use three clicks of paper towel | -Wash your hands -Report messes to an adult |
| Hallway | -Move quietly through the halls -Keep hands to yourself | -Put belongings away properly -Keep locker doors shut | -Walk -Stay in a line |
| Playground | -Follow directions the first time -Play fairly -Treat others the way you want to be treated | -Collect your things -Return equipment -Line up quickly | -Stay within your personal space -Use playground properly |
| Bus | -Listen to the bus driver | -Keep your hands, feet, and belongings to yourself | -Sit in your seat facing forward -Use your 3 inch voice |
| Be Respectful | | Be Responsible | Be Safe |

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Prairie View Elementary School



Prairie View Vision...
A learning community committed to achieving excellence.

Prairie View Mission...
Prairie View is committed to:
*Providing a student-centered safe nurturing environment.
*Accepting differences.
*Utilizing 21st Century skills for unlimited learning.
*Encouraging positive character development.

"We only get one chance to prepare our students for a future that none of us can possibly predict. What are we going to do with that one chance?"

~Stephen Covey

Steven Covey's 7 Habits of Highly Effective People

Habits 1-3

- ✦ **Habit One: Be Proactive**
I have a "Can Do" attitude.
I choose my actions, attitudes and moods. I don't blame others. I do the right thing without being asked, even if nobody is looking.
- ✦ **Habit Two: Begin with the End in Mind**
I plan ahead and set goals. I do things that have meaning and make a difference. I am an important part of my classroom. I look for ways to be a good citizen.
- ✦ **Habit Three: Put First Things First**
I spend my time on things that are most important. This means I say no to things I should not do. I set priorities, make a schedule, and follow my plan. I am organized.
- ✦ **Habit Four: Think Win-Win**
I want everyone to be a success. I don't have to put others down to get what I want. It makes me happy to see other people happy. I like to do nice things for others. When a conflict arrives, I help brainstorm a solution. We all can win!

Habits 4-8

- ✦ **Habit Five: Seek First To Listen, Then to Be Understood**
I listen to other people's ideas and feelings. I try to see things from their viewpoints.
I listen to others without interrupting. I am confident in voicing my ideas.
- ✦ **Habit Six: Synergize**
I value other people's strengths and learn from them. I get along well with others, even people who are different from me. I work well in groups. I seek out other people's ideas to solve problems. I know that "two heads are better than one". I am a better person when I let other people into my life and work.
- ✦ **Habit Seven: Sharpen the Saw**
I take care of my body by eating right, exercising, and getting sleep. I spend time with family and friends. I learn in lots of ways and lots of places.
- ✦ **Habit Eight: Find Your Voice and Inspire Others to Find Theirs**
It is great value for our students discover their true "voice," to matter, to make a difference, to find greatness. When this happens it can help you acquire a new mindset and the tools to find your voice and your passion. When you do that, you feel more fulfilled and engaged with the world around you and, consequently, with your role in that world.

Bringing It Home

- Read and **discuss** the book The 7Habits for Happy Kids.
- **Use the 7 Habits language**
i.e. "How could you be proactive in this situation?" or "Did you listen and seek to understand what your brother was saying?"
- Consider which habit your child is strong in. Which habit is his or her weakness? Discuss these and set goals. **Verbalize** when you see a habit being used.
- Talk about which of the habits are **your** strengths and weaknesses.
- Make a **family mission** statement. (Begin with the end in mind.)
- Model**. Write out agendas and to-do lists. (Put first things first.) Listen to your child before commenting, and then reflect back how you think they are feeling. (Seek First to Understand)
- Check out the **Leader in Me** website:

www.theleaderinme.org

