Community Resources

FOOD

<u>Wisconsin Infants and Children (WIC)</u> Parent with children under 5 years old may qualify (608) 785-9865

WAFER Food Pantry
403 Causeway Boulevard
La Crosse WI 54603
www.waferlacrosse.org
(608) 783-6003

Salvation Army Food Pantry

223 North 8th Street La Crosse WI 54601 (608) 782-6126 M-F 1pm-3:45pm

Salvation Army Free Meals (same address)

Lunch provided M-F 11:30am to noon; Sat and Sun 12:30pm to 1pm Supper provided M-Sun 4:30pm-5pm (*Tuesday's supper for residents only)

Catholic Charities Food Pantry

Diocese of La Crosse 3710 East Avenue South La Crosse WI 54603 Mondays 9am-3pm (608) 782-0710

First Free Church

123 Mason Street Onalaska WI 54650 (608) 782-6022 Fax: (608) 782-6024 Email: info@firstfree.org

Food Pantry open Tuesdays from 10am to 2pm Please contact Carol Onstad for an appointment

Office hours: M-Th 8:30am to 4:30pm F 8:30am to 1:30pm

Onalaska/Holmen Emergency Food Basket

735 Sand Lake Road Onalaska WI 54650

Building located in the Onalaska American Legion parking lot, turn in at the army tank $(608)\ 783-7722$

M-F and 2nd Saturday of the month 9am-11am

Onalaska, Holmen, French Island, Brice Prairie residents only

West Salem Area Community Care and Share Pantry

Our Savior's Lutheran Church 359 North Leonard Street West Salem WI 54669 (608) 786-1142/786-0030 Saturdays 10am-noon West Salem, Bangor, Mindoro residents only

Holmen Area Food Pantry

St. Elizabeth Ann Seton Catholic Church
515 North Main Street
Holmen WI 54636
(608) 526-4424 Sister Bridget
Tuesday 1:30-3:30pm Friday 9:15-11:30am or by appt.

TLC Center Community Resale Shop

1232 Clinton Street La Crosse WI 54603 (608) 781-9111 Tues, Wed, Fri, Sat 9am-5pm; Th 9am-7pm

Cathedral of St. Joseph the Workman

530 Main Street La Crosse WI 54601 (608) 782-0322

Holmen Lutheran Church (ELCA)

228 Morris Holmen WI (608) 526-3621 open cupboard in lobby of church M-F 8am-4:30pm

Our Savior's Lutheran Church

612 Division Street La Crosse WI 54601 Tuesdays 5pm-6pm

A Place of Grace

919 Hood Street

La Crosse WI

Tues and Wed 9:30am-2pm; Thurs 2pm-7pm; Last Sunday of the month 1pm-3:30pm Free meal, hospitality and food pantry (608)782-6224

River of Life-Assembly of God Church

1214 County Road PH Onalaska WI 54650 (608) 782-2780 office hours M-th 9am-1pm

Thursdays 10am to 2pm, open to anyone in need by appointment only; one time per month www.goriver.org

Presbyterian Church of West Salem

625 Franklin Street West Salem WI 54669 Free Community Dinner 4th Wednesday of the month 5pm to 6pm (608) 786-0910

HEALTH

AIDS Resource Center of Wisconsin 2519 South Avenue La Crosse WI (608)785-9866

M-F 8:30am to 4:30pm

Scenic Bluffs Community Health Center

Cashton Health Center 238 Front Street Cashton, WI 54619 (608) 654-5100

M-Th 7:30am to 6pm; Friday 7am to 5:30pm

Se habla español; individual dept hours may vary, please call for appointment

Norwalk Health Center

200 West North Street
Norwalk, WI 54648
M-W-T-F 7:30am to 5pm; closed Tuesdays
(608)823-7853
Se habla español; local number for LaCrosse (608) 785-2550
http://www.scenicbluffs.org/

Bronston Chiropractic Neighborhood Family Clinics

525 Lang Drive
La Crosse WI 54603
Also locations in Sparta, Onalaska, Holmen, Fountain City and Galesville
M-F 6pm to 9pm
(608) 782-2225
http://www.nfclinics.com/services and pricing.php

La Crosse County Public Health Department

300 4th Street North La Crosse WI 54601 (608) 785-9872 http://www.co.la-crosse.wi.us/health/

Caring, Inc.

Salvation Army Resident Hall 223 North 8th Street La Crosse WI 54601 (608) 782-6126 Tues 10:45am to 12:30pm Wed 1:45pm to 3:45pm and 4pm to 5:15pm

St. Clare Health Mission

916 Ferry Street (608) 791-9546 Tues and Thurs 5pm-8pm www.stclarehealthmission.org

Essentials Clinic

1201 Caledonia Street (608) 775-8390 or 1-800-657-5177 Mon 9am-5pm; Tues 8:30am -3:30pm; Wed 10:30am-6pm; Thurs 9am-6pm; Fri 9am-3:30pm www.optionsclinic.org

- Annual health exams
- · Breast and cervical cancer screening

- FDA approved birth control methods
- Sexually transmitted diseases testing and treatment
- Pregnancy testing and counseling
- Emergency contraception

DENTAL

Scenic Bluffs Community Health Center

Cashton Health Center
238 Front Street
Cashton, WI 54619
(608) 654-5100
M-Th 7:30am to 6pm; Friday 7am to 5:30pm
Se habla español; individual dept hours may vary, please call for appointment

Dr. Kurt Dillard

1720 Jackson Street La Crosse, WI 54601 (608) 785-0633

Dr. John Shea

2 Copeland Avenue, Suite 230 La Crosse, WI 54603 (608) 782-4054

Dr. Ludington (Oral Surgery)

2819 National Drive Onalaska, WI 54650 (608) 782-8193

Dr. Thomas Brown

110 East Franklin Street Sparta, WI 54656 (608) 269-2666

Lopez Family Dental

1123 West Wisconsin Street Sparta, WI 54656 (608) 269-8400

Dr. John and Kerrie Moore

1200 Main Street La Crosse WI 54603 (608) 782-7374

HOUSING

La Crosse City Housing Authority

1307 Badger Street La Crosse WI (608) 782-2264 M-F 9am-noon and 1pm-4pm

La Crosse County Housing Authority

615 Plainview Road La Crosse WI 54603 (608) 781-5365

M-F 8:00am to 4:00pm

Rental units for seniors and families with limited income. Online application.

www.lcha.net/

Coulee Cap

2101 Victory Street, Suite C

(608) 782-4876

www.couleecap.org

Impact Seven, Inc

Subsidized housing for disabled, chronically mentally ill, and elderly

1-800-685-9353

www.impactseven.org

Gerrard Hall

Community Based Residential Facility (CBRF) and Group home

Serves pregnant or parenting women

940 Division Street

La Crosse WI 54601

(608) 392-3985

La Crosse Warming Center

First Baptist Church-basement

1209 Main Street

La Crosse WI 54601

Open 9pm-7am, intake from 9pm-10pm. 15 adult capacity, November 1st through March 31st

http://www.cclse.org/laxwinterwarmingcenter.php

(608) 782-6553

The Salvation Army

223 North 8th Street

La Crosse WI 54601

(608) 782-6126

Services not provided to those under the influence of alcohol or drugs

CLOTHING/HOUSEHOLD

Goodwill

3954 Mormon Coulee Road

La Crosse WI 54601

(608) 796-0140

Or

200 Theater Road

Onalaska WI 54650

(608) 783-1522

Mon-Sat 9-9pm; Sun 10-6pm

Salvation Army Thrift Store

728 Copeland Avenue

La Crosse WI 54603

(608) 784-1421

Mon-Fri 10am-6pm; Sat 10am-4pm

TLC Center Community Resale Shop

1232 Clinton Street

La Crosse WI 54603 (608) 781-9111 Tues, Wed, Fri, Sat 9am-5pm; Th 9am-7pm

Women's Clothes Closet

(Our Savior's Lutheran Church) 612 Division Street La Crosse WI 54601 (608) 784-5745 Mon 10am-3pm; Tues 2pm-7pm; Sat 11am-4pm

CAMPGROUNDS

Goose Island County Campground
W6488 County Road GI
Stoddard, WI 54658
(608) 788-7018
Open Season: April 15th to October 30th

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Veterans Memorial Campground

N4668 County Road VP West Salem WI 54669 (608) 786-4011

Open season: April 15th to October 15th

Pettibone Resort

333 Park Plaza Drive La Crosse WI 54601 (608) 782-5858 1-800-738-8426 http://www.pettiboneresort.com/

Whispering Pines Campground

N8905 US Hwy 53 Holmen WI 54636 (608) 526-4956 1-800-526-4958 www.whisperingpinescampground.net/

Bluebird Springs Recreation Area

N2833 Smith Valley Road (608) 782-2267 www.bluebirdsprings.com

HUMAN SERVICES

Catholic Charities
3710 East Avenue South
(608) 782-0710
M-F 9am-3pm Closed 12-12:30pm

La Crosse County Human Services

300 4th Street North La Crosse WI 54601 M-F 8:30am-5pm (608) 784-4357

http://www.co.la-crosse.wi.us/humanservices/

Food Share

Badgercare https://access.wisconsin.gov/access/

Job programs

Health Department

(608) 785-9723

LEGAL SERVICES

Legal Action of Wisconsin 205 5th Avenue, Suite 300 La Crosse WI 54601 (608) 785-2809

DOMESTIC VIOLENCE

New Horizons 24 hour crisis line (608) 791-2600

<u>Safe Path</u> (608) 392-7804 M-F 8am to 5pm

TRANSPORTATION

Access Transit (608) 782-4200

<u>Caring Hearts</u> (608) 317-3657

Running, Inc. (608) 784-0000

La Crosse Municipal Transit Utility (MTU) (608) 789-7350

FINANCIAL

Consumer Credit Counseling Services 505 King Street, Suite 212 bankruptcy, housing and budget counseling La Crosse WI 54601 (608) 784-8380 M-F 8am-5pm

EMPLOYMENT

Job Center 402 North 8th Street La Crosse WI 54601 (608) 789-5627 M-F 8am-4:30pm

DISABILITY

Division of Vocational Rehabilitation (DVR) 124 North 6th Street

La Crosse WI 54601 (608) 785-9500 1-800-523-2139 M-F 7:45am-4:30pm

Independent Living Resources

4439 Mormon Coulee Road La Crosse WI 54603 (608) 787-1111 M-F 8:30pm-5pm

ORC Industries

2700 Commerce Street La Crosse WI 54603 (608) 781-7727 M-F 7am-3:30pm

Riverfront, Inc

3000 South Avenue La Crosse WI 54601 (608) 784-9450

SOCIAL SECURITY

210 7th Street South, Suite 100 La Crosse WI 54601 1-800-772-1213

VETERAN SERVICES

La Crosse County Veteran's Service office 400 North 4th Street La Crosse WI 54601 (608) 785-9719 M-F 8:30-5:00pm

Veteran's Primary Care Clinic

2600 State Road (608) 784-3886

VA River Valley Integrated Health Center

1525 Losey Boulevard South (608) 787-6411

HMONG MUTUAL ASSISTANCE ASSOCIATION, INC

1815 Ward Avenue La Crosse WI 54601 (608) 781-5744

HO-CHUNK NATION

Health services and other referrals for federally enrolled tribal members 724 Main Street
La Crosse WI 54601
(608) 783-6025
M-F 8:30-4:30pm

SUBSTANCE ABUSE

Coulee Council on Addictions 921 West Avenue South La Crosse WI 54601 (608) 784-4177 M-F 8am-4:30pm

CHILD CARE

The Parenting Place 1500 Green Bay Street La Crosse WI 54601 (608) 784-8125

*Please call **Great Rivers** at 2-1-1 for more information on La Crosse area resources*

Resource list updated 3/1/2017