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Holmen WI 54636
Phone: (608) 526-
3316
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Viking Elementary April 2024

From the Principal, Mrs. Nina Swanson

Happy April!

I hope you all had a wonderful week off with your families. Although the weather wasn't the warmest, it's always nice to have a break for some rest!

This month, our third through fifth graders will continue taking the Wisconsin Forward Exam. We've had a great start, and I encourage everyone to ensure students get plenty of rest and have a nutritious breakfast so they can perform their best on the tests.

Our concert series concludes this month with Kindergarten on the 25th and fifth grade on the 30th. A big thank you to our PTO for hosting family events after each concert and for organizing the delicious treats for everyone to enjoy. We appreciate the families who donate and contribute treats for these events!

I'd also like to express my gratitude to our PTO for awarding mini-grants to our teachers. These funds are being used for classroom books, supplies for our occupational therapists, water bottles, LEGOS, and classroom games. Your support of our PTO allows us to give back to our dedicated teachers!

Best regards,

Nina Swanson



From the Nurse - Emily Hanes, RN BSN

Change to Vaccine Requirement for Students Entering 6 th grade in 2024-2025

Tdap

The Wisconsin Student Immunization Law now requires students to receive the Tdap vaccine **before beginning 7th grade**. This is a change from previous years. Prior to March 2023, it was required before entering 6 th grade. This change will allow it line up with the recommendation for student's to receive the vaccine at age 11. **For 7 th grade, parents will be required to have their children vaccinated or claim a waiver.**

Tdap is the adolescent combination vaccine that protects against tetanus, diphtheria, and pertussis (whooping cough). Only one dose is required.

<https://www.cdc.gov/vaccines/hcp/vis/vis-statements/tdap.html>

Recommended but not required vaccines:

Meningococcal (bacterial meningitis) vaccine

This vaccine is available for students over 11 years of age. Two doses are recommended, with the second dose administered at 16 years of age. This is **not a required vaccination at this time, but may be in the future**. More information can be obtained from the health office, your clinic, or the following link:

<https://www.cdc.gov/vaccines/vpd/mening/>

Human Papillomavirus (HPV) vaccine

This vaccine is now available for both male and female students starting at age 11. It was recently changed from a three dose vaccine to a two dose vaccine. The second dose is needed 6 to 12 months after the initial vaccine. At this time it is **not** a required vaccination. For more information, contact the health office, your clinic, or follow the link: <https://www.cdc.gov/hpv/parents/vaccine-for-hpv.html>

Your primary care provider can provide these immunizations or from The La Crosse County Public Health Department (608-785-9723). Please feel free to call your school's health office with any questions. Please inform the health office when immunization are received so records can be updated.



For questions or concerns
holmen5thgradebash@gmail.com

BE PART OF THE PLANNING AT THE

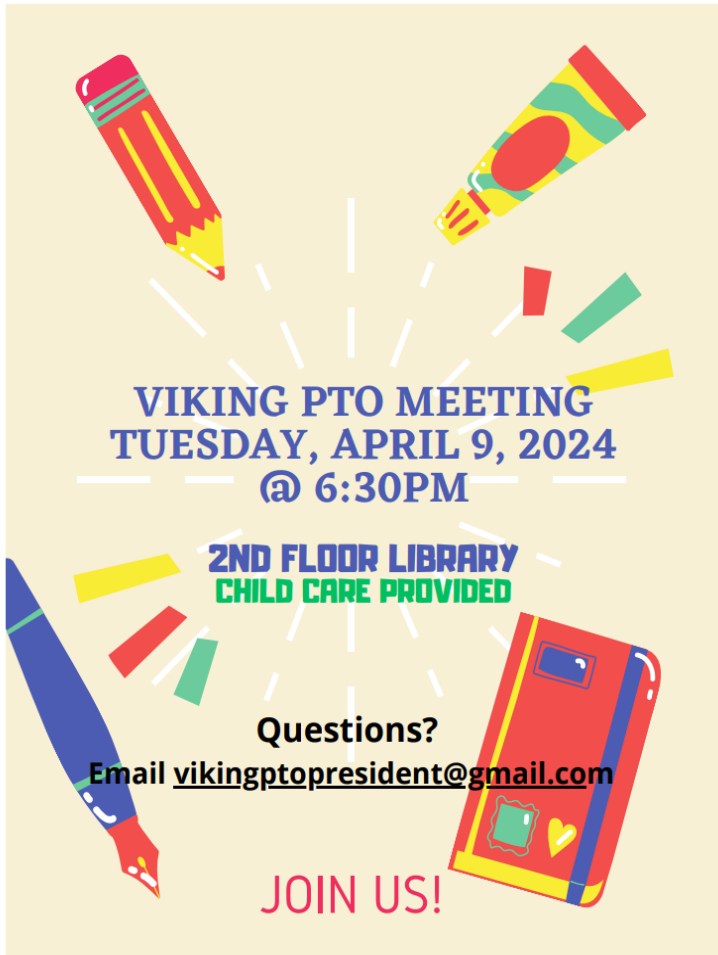
5TH GRADE BASH MEETING



 **MONDAY**
15 April, 2024

 **START AT**
05:00pm - 6:00pm

 **HMS - Library**
502 North Main St
*Enter Door A

VIKING PTO MEETING
TUESDAY, APRIL 9, 2024
@ 6:30PM

2ND FLOOR LIBRARY
CHILD CARE PROVIDED

Questions?
Email vikingtopresident@gmail.com

JOIN US!

 **SCHOLASTIC**

BOOK FAIRS

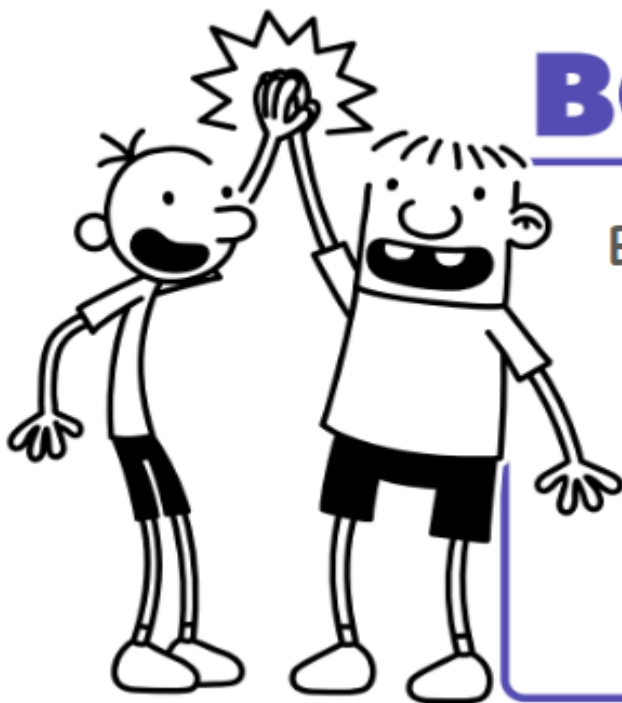
Dates/Times/Place

BUY ONE, GET ONE FREE!

- April 22nd 7:45am - 4:00pm
 - April 23rd 7:45am - 6:30pm
 - April 24th 7:45am - 4:00pm
 - April 25th 7:45am - 4:00pm
 - April 26th 7:45am - 4:00pm
- in the Viking LMC

(Parent shopping before and after school only.)
More information to come.

ALL PURCHASES BENEFIT OUR SCHOOL



BINGO, BOOKS, & BITES

TUESDAY, APRIL 23RD

**VIKING
ELEMENTARY**

Kid-Friendly Bingo
(Everyone is a winner!)
5:00-6:30pm

Buy One, Get One Free Book Fair
afternoon hours: 3:30-6:30pm

PTO Sponsored Food Trucks
4:00-7:00pm



ART NEWS from Mr. Boland & Mrs. Flynn

Original Works Fundraiser --Thank You to all who already have placed an order. We appreciate your support! Tuesday, April 2nd is the deadline to submit your order. If you forgot to place your order and would still like to do so, I will be sending in a **late order on April 16th**. Please have artwork, order form, and payment in by the 16th.



Dates to Remember

Friday, April 5th
No School
Staff Development Day

Wednesday, April 17th
Early Release
Students will be dismissed at
1:30.

Four-Year Old Kindergarten (4k) Registration

The School District of Holmen is accepting enrollment for the 2024-2025 Four-Year-Old Kindergarten (4K) Program. Any child who is four-years-old on or before September 1, 2024 and lives in the school district boundaries is eligible to participate. We encourage early registration in order to help us plan accordingly for the 2024-2025 school year.

Note: All enrollment is done online– www.holmen.k12.wi.us

Important 4K Information:

- 4K classes are currently held at Viking Elementary School
- AM Session: 8:15 a.m.—11:00 a.m.
- PM Session: 11:45 a.m.—2:30 p.m.
- Placement in AM or PM session is based upon transportation needs. We notify families of class placements during the first week of August.

If you have any questions please call our Public Preschool Office at 608.526.3316.

Upcoming Concerts

The Viking Kindergarten and Viking Fifth Grade students are very excited to perform the final two concerts of the year!

The Kindergarten students will be performing Cookies & Other Fun Songs! on Thursday, April 25th at 6:00 PM in the "New Gym".

The Fifth Grade students will perform Poppin' Through the Years on Tuesday, April 30th at 6:00 PM in the "New Gym".



Students should report to their classrooms at 5:45 PM the evening of their concert dressed in clothes that make them feel confident and comfortable. The gym doors will open at 5:30 PM if you wish to come early to save seats. *Please note, if you come early, your child needs to stay in the gym until 5:45. We ask that children not run around the gym, or climb on the stage or bleachers. We want them to conserve their energy and stay safe for the big concert!*

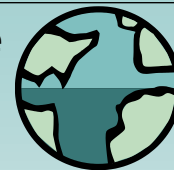
DRAMA CLUB

The 5th grade Drama Club will perform their play Rumpelstiltskin, Private Eye on Monday, April 11th. There will be a dress rehearsal during the school day, and the performance will be at 6:30 PM in the New Gym. We hope you can join us!

Spring Walking School Bus

There are 2 locations this year. We will walk from the Deerwood Park neighborhood (April 12, 19, 26) and from the 2nd & Johnson neighborhood (May 3, 10, 17). Viking staff members will meet students at the locations listed above and walk with students to school! Please plan accordingly and make sure you are at the correct WSB location weekly if you wish to join us. This is a completely optional event sponsored by the La Crosse County Health Dept. to encourage walking to school. Pedestrian and bike safety will be emphasized. Each student will be given a punch card the first time they join and earn a punch and token each week they walk. At the end of the 6 weeks they can trade their card in for a prize!

This year's **Earth Day Celebration** will be Friday, April 19th. We have some fantastic presenters stopping by:



- Terry Visger (Tales by Terry) is a storyteller from La Crosse
- Derek Barkeim from Seekers Wild will be teaching grades 3, 4, & 5 how to start a fire with a bow
- Christina Dahl from the Midwest Fisheries Center will be exploring our school forest with grades K, 1, & 2.
- Palm & Pine Yoga will be doing yoga with grades K, 1, & 2.
- Mr. Boland will be sharing some backpacking adventures with grades 3, 4, & 5.

Thank you to our PTO for helping fund this day. And thank you to those who have donated cans for recycling, these funds also help pay for our Earth Day Celebration. Cans should be placed in the cage on the south side of the building.

We appreciate your support for environmental education at Viking Elementary!

*The last day of school is on
Thursday, June 6, 2024.*

*It will be an early release day—
Viking students will be released at
1:30 p.m.*

SAVE THE DATE

The Annual Viking Elementary
All-School Picnic AND Olympic Day will
be
Friday, May 31st



Bus Safety Evacuations

Spring Bus Safety Evacuations will be practiced April 15th through 19th during morning bus routes. This may delay bus arrival times by a few minutes. Evacuations are required by law two times each year and are an important item of safety training for all students. Drivers are to announce, in advance, when they will complete the evacuation. We will try to do the evacuations on nice-weather days. Drivers will review emergency procedures in exiting the bus through the emergency door and review other safety information with students. Please contact Transportation Services at 526-4752 if you have any questions.



2024 ELEMENTARY SUMMER SCHOOL

April Update



SUMMER SCHOOL NEWS

Summer school registration will soon be open for recommended students! Families of recommended students should have received an email containing information about their student's recommendation.

Registration for recommended students will take place from **April 2nd to April 4th, 2024**. Keep an eye out for an email at 7:00 a.m. on April 2nd with the registration link.

Remember to register early, as even those who register on the first day could end up on a waiting list.

ALL students will have an opportunity to register for any potential remaining grade level spaces from April 9th - April 11th

REGISTRATION TIMELINE

April 2: Registration Link will be emailed at 7:00 a.m. only to families of recommended students

April 2 - 4: Families can register any of their children who were recommended.

April 9: Registration Link will be emailed to ALL families at 7:00 a.m.

April 9 - 11: Families of ALL students can register by grade level for any remaining grade level spots.

April 30: Families will be informed if children are enrolled or on the waiting list for their grade level

WHO, WHAT, WHERE, WHEN?

WHO?

Students who will enter Kindergarten through 5th grade in the Fall of 2024

WHAT?

Kindergarten will be a class called, Ready, Set, Let's Learn or RSL. Grades 1 - 5 have reading, math, and enrichment

WHERE?

Evergreen Elementary School

WHEN?

July 8th - July 25th, 2024

REMINDERS

- ✓ Completing the registration form **does NOT guarantee enrollment**
- ✓ All students are enrolled on a first come - first served basis. Mark your calendars and submit the registration form as early as possible
- ✓ Once spaces in the grade level are filled, we will place students on a waiting list. This may occur even if you complete the registration process right away on the first available registration date as we have limited spots available in each grade level
- ✓ By April 30th, we will notify all families whether their child is enrolled or placed on the waiting list

CONTACT US

LEARN MORE >>

Or Need Help With Registration?



Sue Eitland, Summer School Principal

608-526-3316, ext. 4133

Kristy McKnight, Administrative Assistant

608-526-3316



HARVEST OF THE MONTH NEWSLETTER APRIL 2024

COULEE REGION
FARM TO SCHOOL
LOCAL FOODS, HEALTHY KIDS



Greens are the Harvest of the Month!

Add greens to your favorite family meals:

- Add fresh spinach to your smoothie.
- Use fresh or frozen spinach in lasagna, casseroles, or soups.
- Saute Swiss chard with garlic and add to eggs or top a pizza.

Make meals and memories together. It's a lesson kids will use for life.

Did you Know?

"Super green" refers to dark green vegetables that contain extra amounts of key nutrients like vitamins A and C, potassium, and dietary fiber. These dark green vegetables are important to eat often to grow and stay healthy. Try a variety of "super green" vegetables including spinach, Swiss chard, kale, collard greens, romaine lettuce, watercress, bok choy, and mustard greens.



Nutritious, Delicious, Wisconsin!
#Witharvestofthemonth



This material was funded by USDA's Supplemental Nutrition Assistance Program – SNAP. The University of Wisconsin-Madison Division of Extension is an EEO/AA institution committed to diversity among its employees and in its programs.

Recipe of the month

Seared Greens

Serves 6

Ingredients:

- 8 cups kale or collard greens
- 2 Tbsp oil
- 4 cloves garlic
- 1 cup water
- 1/4 tsp salt
- 1 tsp ground pepper
- 2 Tbsp cider vinegar

Directions:

Clean the greens thoroughly and cut stems away. Dry well and tear into salad pieces or slice across leaf into 1/2 inch pieces. In a large deep pot or skillet with a cover, sauté garlic in oil. Add greens in pan with 1 cup water. Cover pan and steam for 4 minutes. Uncover, stir constantly until greens shrink. Add salt and pepper and continue to stir on high until mixture is thoroughly wet. Sprinkle cider vinegar on mixture. Cover. Turn off heat. Let stand until ready to serve.

Per serving: 89 calories, 5g fat, 4g protein, 9g carbohydrate, 2g fiber, 133mg sodium

Source: laxf2s.org



Coulee Region Farm to School is a partnership between UW-Madison Division of Extension, LaCrosse County Health Department, Mayo Clinic Health System—Franciscan Healthcare, Gundersen Health System, and the School Districts of Bangor, LaCrescent-Hokah, Holmen, LaCrosse, Onalaska, and West Salem.

DON'T LET APRIL SHOWERS
KEEP YOU AWAY...

THE SCHOOL DISTRICT OF
HOLMEN IS HIRING TODAY!

\$15.00
SUB
COOK

\$16.80
SUB
VAN
DRIVER

\$21.00
SUB
BUS
DRIVER

\$16.30
SUB
CUSTODIAN

APPLY VIA [WECAN](#) OR STOP BY THE
DISTRICT OFFICE FOR A PAPER APPLICATION



THE SCHOOL DISTRICT OF HOLMEN IS AN EOE