



From the Principal, Mrs. Swanson

Happy Chilly November!

It was so nice seeing you all at our family/teacher conferences. It is amazing to see the growth students have made over our first quarter here at Viking. Thank you for continuing to be a partner in your child's learning!

You may have noticed at conferences our new building design models! Our designs were due at the end of October and will be going out to bid soon. It was fun for the students to see what their new school will look like. I will continue to update you all as our bids come back and we have a more formal plan.

The cold, snowy weather came early this year! Please make sure students have appropriate clothing to stay warm outside. Students love to run and play outside and need the right gear to do so. Thank you for checking that before students leave in the morning.

Our lost and found is quickly filling up. Have students double check to see if they are missing any items!

November is a month of thankfulness and I am so grateful for all of you. We will be honoring our veterans on November 10th with a special thanks to all who serve.

With gratitude,

Nina Swanson



WELCOME TO THE NEW STAFF AT VIKING ELEMENTARY FOR THE 2023-2024 SCHOOL YEAR!



Hello! My name is Angela McMahon and I am excited to join the amazing staff at Viking Elementary as a Second grade teacher this year. I previously taught 4K and Social emotional learning for the Holmen Public Preschool. I love this district and am looking forward to learning and growing with my students throughout the year.

When I am not teaching, I enjoy spending time with my family, hiking with my dog, Stella, and relaxing with a good book, movie, or creating art.



Hello Vikings! I am Beth Miller and one of the Academic Interventionists at Viking Elementary. I have been in the education field in various settings over the past 20 years including Sign Language Interpreting, Early Childhood and At-Risk Academic and Behavior and most recently Reading Teacher and adding on Reading Specialist. I love being around learning at all levels and value the connection that I have with the students and community. I enjoy doing hot yoga, reading and being a lifelong learner while being a multitasker in managing of the schedules of my 2 children and husband and walking my dog. I am so happy to be at Viking Elementary! Happy Reading!



Hello, My name is Kristina Weber. I have 3 boys and have worked in childcare for the past 16 years and have now taken the position at Viking as a Special Education Teacher Assistant. I enjoy music and crafts and being outdoors.



REMINDER
NO SCHOOL
MONDAY, NOV 6TH
END OF QUARTER

Early Release
Wednesday,
November 8th
Viking students are
Released at 1:30 p.m.
No Surround Care.

No School
Wednesday, November 22
Thursday, November 23
Friday, November 24



The next PTO meeting is
scheduled for Tuesday, No-
vember 14th at 6:30 pm.
Please join us in the LMC.
Free childcare is provided.



Winter Break
No School
Monday, December 25th through
Monday, January 1st, 2024
School resumes on
Monday, January 2nd, 2024



*Join Us in Remembering and
Honoring Our Veterans*

Assembly on Friday, November 10th
9:00 a.m.





School District of Holmen
Viking Elementary School
500 E Wall Street
Holmen, WI 54636-9573
Phone (608) 526-3316 FAX (608) 526-9482
Mrs. Nina Swanson, Principal

October 31, 2023

Dear Viking Families,

On Friday, November 10th, we will be honoring our veterans at our annual Veteran's Day assembly. We would like to invite our families and veterans to attend our assembly at 9:00 am in the gymnasium. We will have special seating around the audience for our vets. We want our students to learn about the work of our veterans and appreciate the service that they have given. You are welcome to come in uniform, as our students would love to see them!

We will also have a slideshow honoring our Viking family veterans. If you would like your vet to be a part of it please send in a digital picture with name, title, and rank to (regbra@holmen.k12.wi.us). Thank you!

**We look forward to seeing you there!
Viking Assembly Committee**

Vision : A school of excellence where all children and adults learn and grow together to make the world a better place.

-The Pump House Regional Arts Center and the School District of Holmen Proudly Presents-

Holmen Elementary Schools Art Exhibit

Featuring artwork from Viking, Evergreen, Sand Lake, and Prairie View Artists Grades K-5

November 15th to January 6th

There will be an artist reception on Wednesday, December 13th from 3:30-6:00pm.

***Students and parents will be notified if their art is chosen for the show.



It's Concert Time!

Please remember our upcoming concerts! Fourth Grade Students will perform "On Wisconsin!" Thursday, November 30th and Second Grade Students will present "On With the Snow" Tuesday, December 5th. Both Concerts will begin at 6:00 PM in the New Gym.

The Second Grade Concert will be around 30 minutes in length, and the Fourth Grade Concert will last about 40 minutes. Both concerts will be followed by a short reception with treats brought to you by our amazing PTO. Please see the letter that was sent home for more details.

Attention Kindergarten Families!!

Gingerbread House day will be Friday, December 8th.

SAVE THE DATE

More info will be coming home with students as the date gets closer.



From the Health Office:

Emily Hanes BSN, RN



Immunizations

Every state requires immunizations for students attending school or daycare. Immunizations protect students against disease that are preventable by vaccinations.

All students are required to have a copy of their immunization record or have a completed immunization waiver. School nurses report immunizations to the county to stay in compliance with Wisconsin’s Student Immunization Law. If the school is not within 99% compliance, the school is required by law to exclude students from school that are not up to date on their immunizations or have not signed a waiver.

| Age/Grade | Number of Doses | | | | |
|---|----------------------|---------|---------|-------|-------|
| Pre K (2 years through 4 years) | 4 DTaP/DTP/DT | 3 Polio | 3 Hep B | 1 MMR | 1 Var |
| Kindergarten (through 5 th Grade) | 4* DTaP/DTP/DT/Td | 4 Polio | 3 Hep B | 2 MMR | 2 Var |

*Some students do require a 5th DTaP immunization depending on age of vaccination.

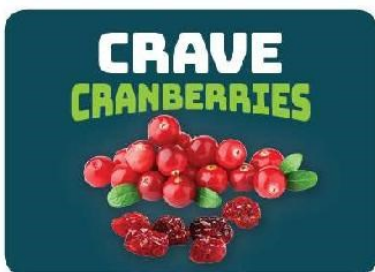
Hearing and Vision screenings

The health office will be continuing our hearing (K, 1) and vision screenings for students in Kindergarten, 1st, 3rd, and 5th grades. The Lion’s club plans to help us again this year with vision screenings. No date is set yet. If any issues arise, you will be notified in writing of the results of the screenings. Vision and/or hearing problems can affect a student’s educational success by interfering with his/her ability to learn. Parents/guardians or teachers may request screenings for any student at any time during the school year if concerns arise.

American Education Week presents everyone with an opportunity to celebrate public education and honor individuals who are making a difference in ensuring that every student receives a quality education.

November 13-17,
2023





Cranberries are The Harvest of the Month!

Add cranberries to your favorite family meals:

- Toss cranberries on oatmeal or cold cereal.
- Mix dried cranberries, raisins, cereal, and nuts for a healthy snack mix.
- Add cranberries to salads for a refreshing punch of tartness.

Make meals and memories together. It's a lesson kids will use for life.

Select – Cranberries are available fresh, frozen, canned, dried, and as 100% juice. If selecting fresh, choose plump, firm berries with a deep red color.

Store – Refrigerate cranberries for up to 2 months or freeze for up to 9 months.

Prepare – Sort and discard bruised cranberries. Do not thaw frozen cranberries. Simply rinse the frozen berry and add to your favorite muffin or stuffing recipe.

Did you know?
Cranberries are the state fruit of Wisconsin! 62% of the cranberries grown in the United States come from Wisconsin.



Nutritious, Delicious, Wisconsin!
#WIKharvestoftheMonth



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Recipe of the month

Cranberry Pumpkin Muffin Serves 12

Ingredients:

- 2 cups flour
- 3/4 cup sugar
- 3 teaspoons baking powder
- 1/2 teaspoon salt
- 1/2 teaspoon cinnamon
- 3/4 teaspoon allspice
- 1/3 cup vegetable oil
- 2 eggs (large)
- 3/4 cup pumpkin (canned)
- 2 cups cranberries (fresh or frozen chopped)

Directions:

Wash hands with soap and water. Preheat oven to 400 °F. Sift together dry ingredients (flour through allspice) and set aside. Beat oil, eggs, and pumpkin together until well blended. Add the wet ingredients (pumpkin mixture) to the dry ingredients all at once. Stir until moistened. Fold in chopped cranberries. Spoon into paper lined muffin cups. Bake at 400 °F for 15 to 30 minutes.

Per serving: 203 calories, 7g fat, 3g protein, 32g carbohydrate, 2g fiber, 255 mg sodium

Source: laxf2s.org



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Health Department
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UW-MADISON EXTENSION

Coulee Region Farm to School is a partnership between UW-Madison Division of Extension, LaCrosse County Health Department, Mayo Clinic Health System-Franciscan Healthcare, Gundersen Health System, and the School Districts of Bangor, LaCrescent-Hokah, Holmen, LaCrosse, Onalaska, and West Salem.

SCHOOL DISTRICT OF HOLMEN

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For more information, please reach out to Wendy McCoy
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608-526-1314